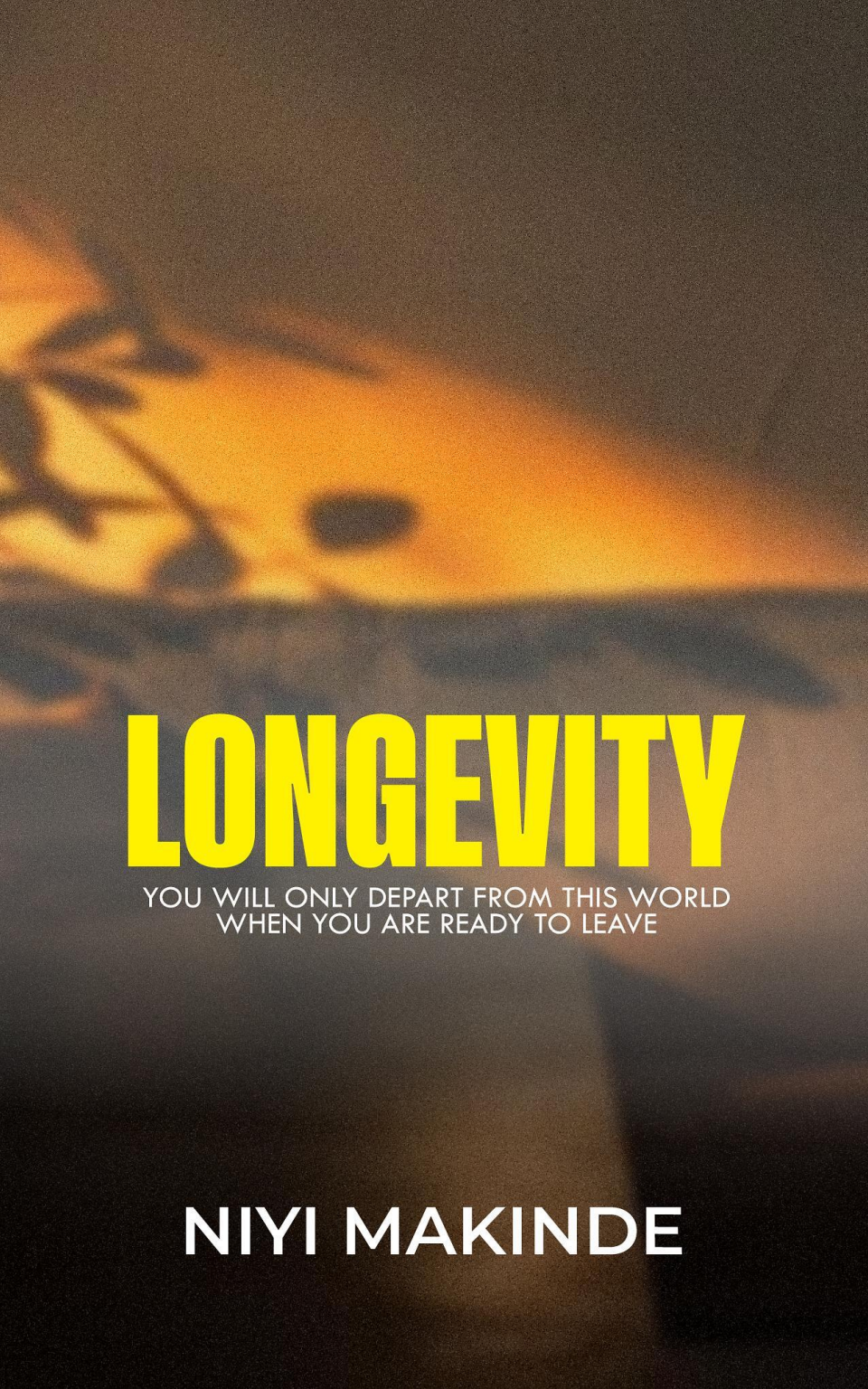




# LONGEVITY

YOU WILL ONLY DEPART FROM THIS WORLD  
WHEN YOU ARE READY TO LEAVE

NIYI MAKINDE



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# Preface

## **The Mandate of Life**

There is a tragic, widespread misconception within the Body of Christ that premature, sudden, or random death is simply an unpredictable part of God's sovereign plan. We hear of believers cut down in the prime of their youth, or faithful servants succumbing to terminal diagnoses, and the world offers passive resignation. But as you open the pages of this book, I want to settle an unshakeable truth in your spirit right at the outset: **You will only depart from this world when you are ready to leave.**

Longevity is not a matter of biological luck, genetic roulette, or passive wishful thinking. In Christ Jesus, long life is a covenant reality, a living possibility, and your absolute redemptive right.

Through my own personal journeys through life-threatening trials—seasons where the enemy sought to terminate my existence prematurely—the Lord delivered me and imparted deep, divine insights into the mechanics of spiritual authority over death. Having previously authored “**How to Live Long and Power to Live Long**”, I write **Longevity** not merely as a compilation of personal experiences, but as a direct mandate from God to communicate the truth of long life to the Body of Christ. The ultimate goal of this message is simple: to equip you with the revelation needed to stop dying randomly and empower you to fully maximize the covenant benefits of your salvation.

## **Navigating the Twin Pillars: Spiritual Reality & Practical Wisdom**

To walk in divine longevity, you must possess a balanced, scriptural understanding of how God views life and death. In this book, we will dismantle theological confusion—such as reconciling why God takes no pleasure in the death of the unsaved (Ezekiel 18:32) while holding the home-going of His saints as precious (Psalm 116:15). You will discover that God wants His saints to fulfill their God-given purpose, enjoy the fruit of their labor, and live out their allotted years before transitioning home at a ripe old age. Furthermore, this book bridges two essential realms that are too often separated in the church:

1. **Spiritual Dominion:** Learning how to exercise authority over the terror of death, break demonic assignments received through terrifying dreams or false utterances, and engage the dual weapons of revelation and bold declaration.
2. **Practical Wisdom:** Recognizing that true faith does not reject wisdom. You will learn how to align spiritual confessions with practical health measures, proper nutrition, medical advice, and bodily hygiene.

Whether you are seeking to break a family pattern of premature death, battling a negative medical report, or simply desiring to learn how to spiritually number your years and command your spirit man to fulfill its full assignment, this book provides the spiritual arithmetic and practical keys to guide you.

Prepare your heart. As you read, the Holy Spirit will illuminate your understanding, dismantle every trace of the fear of death, and anchor your soul in the divine assurance that you shall come to the grave only in the fullness of your age!

## HOW TO NUMBER YOUR YEARS IN THE LAND OF THE LIVING

### **A Prayer of Moses the Man of God**

Psalms 90:12 declares, “So teach us to number our days, that we may gain a heart of wisdom.” The phrase “***teach us to number our days***” reveals that we can know the number of days we shall live on earth. You can number your days. You can identify the number of years you want to live. Some may consider this erroneous, but it is a truthful reality. You must know the number of days or years allotted to you. There was a time I asked someone spontaneously, “***How long do you desire to live?***” The response was ninety (90) years. I asked another lady the same question, and her response was eighty-four (84). That young lady said this number had always been a knowing in her heart. Your spirit man knows the number of years allotted to you — it is the number of years your human spirit is expected to stay in your body. The moment those years are complete, the spirit moves out of the body. You must know the number of years you are to live on earth. This knowledge becomes effective when you truly know the number of your years. I want this scripture to

be fulfilled in your life. Know the number of years you want to live on earth. While your mind may not immediately grasp it, your spirit man knows. This process is regulated by the God you serve. The number of years allotted to you can flow from your spirit through your mouth — just as words flow from your spirit through your mouth. Your spirit man knows everything about you, including the number of years you will live on earth. What God is saying about you in this moment is known by your spirit man; however, it is your mind that brings you into the realm of awareness. The number of days allotted to you can flow from your spirit to your mind. The two people I cited above became aware of the years they would live on earth through the flow from their spirit man to their mouth. Therefore, the number of years allotted to you can flow from your spirit, through your mind, and out of your mouth.

### **Knowing the Number of Your Years**

When you know the number of your years, it means that number has been revealed to you. Deuteronomy 29:29 says, “The secret things belong to the Lord our God, but those things which are revealed belong to us and to our children forever, that we may do all the words of this law.” The secret things of the Lord belong to Him, but the things revealed to you belong to you and your children forever. Therefore, whatever has been revealed to you has already been given to you. Consider this: *when the number of years you will live on earth is revealed to you, subtract your current age from that number. The result is the number of years you have remaining on earth. Think about your existence on earth in terms of years.* People use years to track the progression of time, while God created days to measure the span of a person’s life. We will work with years here because they help us capture

the details needed for this calculation. The first thing I want you to trust God for is the revelation of the number of years you will live on earth. Yours may be eighty, ninety, one hundred, or one hundred and twenty years — but it should not be less than seventy (70) years. Once you have that number, subtract your current age from it. *For example*, if you believe you will live to one hundred (100) years and you are currently twenty-nine (29) years old, you subtract twenty-nine from one hundred, which gives you seventy-one (71). You therefore have seventy-one years remaining to live on earth. From there, project forward from the current year. If you are currently in the year 2026, adding seventy-one years means you will live until the year 2097. You will live up to the year 2097 on earth.

**Consider another example:** suppose you believe, by revelation that you will live to one hundred and five (105) years. You are currently in the year 2025 and are thirty (30) years old. Subtracting thirty from one hundred and five gives you seventy-five (75) years remaining. Adding seventy-five to 2025, you arrive at the year 2100. By revelation, that person will live until the year 2100. Applying your heart to wisdom means living with the knowledge that you will be here until the year 2100. This is what it means to know the exact year of one's departure from the earth. This is the wisdom the Patriarchs of faith walked in. If any sickness comes your way in 2050, 2070, or 2080, the assurance in your heart is that you will live until 2100. You will know that even in 2099 you will still be alive. This is what the Bible means when it says, "*teach us to number our days.*" This revelation grants unshakable assurance when evil strikes, because you know your days will be fulfilled until the year 2100. Regardless of the trials, challenges, and difficulties of life, you will know that you have more days ahead. Trust God for this revelation.

He will keep and preserve you until the year revealed to you. No matter what you go through, the Lord's mercy will be shown to you. As long as you know the number of years remaining, you can do the counting yourself. Applying your heart to this truth is what it means to number your days.

The number of your years must be revealed to you by the Spirit of God. Through this teaching, you will know: *the number of years revealed to you, the number of years you have already lived (your current age), and the number of years remaining — which you determine by subtracting your current age from the revealed number.* From there, you project the remaining years forward from the current calendar year to identify the exact year of your departure. You will know that you will not die until the year revealed to you. Turn it into the revelation of Simeon — it has been revealed to you that you will not experience death until the specific year appointed for your departure. The person who has seen himself living to one hundred and five years will, by the example above, live until the year 2100.

**Here is another example:** a person desires to live to ninety (90) years, and in the year 2025, that person is already fifty (50) years old. How many years does the person have left? Forty (40) years. Adding forty to 2025 gives the year 2065. Therefore, that person will live until the year 2065. The person should know that he or she will not die before 2065. Death will not overpower that person before the year 2065. From 2065 onward, the person will be ready for departure from the earth — and that departure will come in the fullness of time, according to the revelation. Through this breakdown, the person has been taught to number his years and apply his heart to wisdom. He will know that death will not overtake him before the appointed time. He will be full of assurance that God will preserve him. The appointed year

of departure for that person is 2065, and any illness, sickness, or pain that comes before that time cannot claim his life. You must be assured that you will not see death until the appointed year of your departure. Whether your years are eighty, ninety, one hundred, one hundred and five, or one hundred and ten — do the calculation yourself. Find out the specific year to which the total number of your years leads. It must be settled in your consciousness that it has been revealed to you that you will not see death until the appointed year. I have taught you, through multiple examples, how to number your days on earth. You can do this calculation yourself.

This is a **deep revelation given to me by the Holy Spirit**. What I have shared with you **was taught to me by God through His Spirit**. This reality is an inheritance for the new creature in Christ. You can walk in this reality. Instruct your spirit man that it must not depart from your body until a specific number of years have passed. You will tell your spirit man that it must not leave your body until it has seen a particular year — **whether that is 2080, 2090, 2120, 2130, or 2140**. This is what it means to be taught to number our days according to Scripture. If you **apply what I have shared**, you can number your days and be fully assured of your appointed time of departure from the earth.

### **The Revelation of Simeon**

The revelation given to Simeon was that he would not die until he saw Christ. For you, Christ becomes a year — the specific year revealed to you as the fullness of your time. Regardless of how your body feels, you will be assured that your spirit will remain in your body until that year. Do the calculations yourself. Walk by this revelation and insight. This is an impartation of longevity upon your life. Your spirit man will remain in you

for a long time by this impartation. You shall live long. You shall not die prematurely — only at the particular year you have seen yourself live to. You will know the number of your days. What I have shared is the Lord teaching you through me how to number your days. Numbers are mathematical in nature, and I encourage you to do this calculation yourself. You do not need to be a professional to do it. An ordinary person can carry out this calculation. A trader can do it. Let the revelation of the year you will depart from this world be settled in your heart.

### **Making a Lineage of Longevity Through You**

People live in fear because they do not know the number of their days. If you do not know the number of your days, you will not know the particular year you will depart from this earth. And you cannot know the year of your departure if you do not apply this calculation. What you are learning right now, teach it to your children also. Teach them how to number their days. They will know what to say when sickness, pain, and the challenges of life arise. They will know what to think. They will be assured that they will not die until a particular year. They will declare, ***“I will not see death until a particular year.”*** Those who walk in this revelation will not utter negative words in the midst of pain and sickness. Instead, they will enforce what has been revealed to them and seek the manifestation of that revelation. You should live to old age. Your children should teach this simple mathematics of numbering years to their children as well. They will live to old age also. This revelation creates a lineage of longevity through you — everyone who comes through you begins to live to old age. As a new creature in Christ, there are benefits and realities available to you, and one of them is longevity.

What you are reading **is an impartation of longevity into your life**. This is the reality you can walk in — it will instruct your spirit man to remain in your body for a long time. As long as you are a new creature in Christ Jesus, you have these benefits as your inheritance. It becomes a covenant in your lineage — the covenant of long life. You should live long. Your children should live long. Your children's children should live long also. Maintain a clear picture in your heart of the specific year of your departure. This serves as an instruction to your spirit man, even in moments of weakness, pain, or sickness — your spirit must not depart from this earth before the appointed year. You will know that your days shall be fulfilled on earth. You can be fully assured that the number of your years will be completed. In doing this, you have fulfilled ***Psalms 90:12*** by applying this insight to your life. Sit down and ask yourself the year you want to live to. God will reveal it to your heart. Be diligent to do the calculation as instructed above. Through this revelation, you will know the year appointed for your departure. What I have shared with you is **real and applicable**.

### **An Example of King Hezekiah**

2 Kings 20:1–7 says, “In those days Hezekiah was sick and near death. And Isaiah the prophet, the son of Amoz, went to him and said to him, ‘Thus says the Lord: Set your house in order, for you shall die, and not live.’ Then he turned his face toward the wall, and prayed to the Lord, saying, ‘Remember now, O Lord, I pray, how I have walked before You in truth and with a loyal heart, and have done what was good in Your sight.’ And Hezekiah wept bitterly... ‘Return and tell Hezekiah the leader of My people, Thus says the Lord, the God of David your father: I have heard your prayer, I have seen your tears; surely I will

heal you. On the third day you shall go up to the house of the Lord. And I will add to your days fifteen years.’” The first thing God told the Prophet Isaiah was to go and tell Hezekiah that he would die. King Hezekiah prayed to God, and Prophet Isaiah was then instructed by God to return to Hezekiah and tell him that **fifteen (15)** more years had been added to his life. The prophet did as instructed. God communicated to King Hezekiah the actual year he would die — by granting him an additional **fifteen (15)** years. In this way, God helped Hezekiah know when he would depart from the earth. Hezekiah simply needed to do the counting himself by adding fifteen years to his current year of existence to determine his projected time of departure.

**For instance**, in light of this insight, if the current year is 2026, then adding fifteen (15) years means the year of Hezekiah’s departure would be 2041. The revelation settled in King Hezekiah’s heart would have been that he would die in the year 2041. I cite this passage for a clearer understanding of the concept of numbering your years on earth. God is faithful to keep His Word, and He has a way of helping His people work with numbers when it comes to longevity. This is exactly what He did for Hezekiah — He gave him a number so that Hezekiah could calculate by adding fifteen more years. Hezekiah then knew the year of his departure. Regardless of what happened to him afterward — even if he became sick after ten years — he could be assured that five more years were still available to him. God has a way of revealing years to His beloved people. In the way He communicated to Hezekiah, He expected him to use his mind to do the calculation, adding fifteen years to his current year of existence. Hezekiah would carry the revelation that he would not see death until those fifteen years were completed. Receive this revelation for yourself: number your years, so that the enemy will not cheat

you or torment you with the fear of death, causing you to die before your appointed time. You have now been taught how to number your years. It is your responsibility to do so, so that the enemy will no longer have that advantage over you.

The assurance that will be rooted in you is that you will not die before your appointed time. Neither will you be tormented by the fear of death in a way that could cause you to die prematurely. Resolve in your heart that you will not die before your time. The God we serve wants you to live long, execute His will on earth, and fulfill certain purposes — for certain people need you to be here. Therefore, do not die before your time. Number your days and walk in the reality of that number. Never give room to death. As a new creature, we have the choice to either depart or remain alive. The kingdom of darkness will not be pleased with the insights I am sharing in this chapter — but this is a reality God has made available for every saint in Christ Jesus. Longevity is made available for you in Christ Jesus.

### **You Choose Either to Die or to Live**

Philippians 1:21–25 states, “For to me, to live is Christ, and to die is gain. But if I live on in the flesh, this will mean fruit from my labor; yet what I shall choose I cannot tell. For I am hard-pressed between the two, having a desire to depart and be with Christ, which is far better. Nevertheless to remain in the flesh is more needful for you. And being confident of this, I know that I shall remain and continue with you all for your progress and joy of faith.” Believers have the right to choose either to die or to remain alive until the year allotted to them, after they have numbered their days. Settle it in your heart that you

have the right to remain alive, regardless of the confrontations, challenges, sickness, and pain that come your way. You must choose to stay alive. This is the point at which the mercy of God comes to your rescue. You declare to God the year He has shown you, and you ask for His mercy to preserve you until that time. Boldly proclaim that you will continue to live until the particular year revealed to you. You should not die before your appointed time of departure. Continue to live until the year that has been revealed to you. The Apostle Paul chose to stay alive; his spirit was aware of this reality. Anytime you are confronted with death, there should be a revelation alive and active in your heart. Be confident that you will not die before the specific year of your departure. Do not be fearful of the circumstances around you.

### **The Stoning of Stephen and Paul**

There are two individuals who faced similar life-threatening situations, yet the outcomes were entirely different. One died in the midst of the ordeal while the other survived. Acts 7:58–60 says, “And they cast him out of the city and stoned him. And the witnesses laid down their clothes at the feet of a young man named Saul. And they stoned Stephen as he was calling on God and saying, ‘Lord Jesus, receive my spirit.’ Then he knelt down and cried out with a loud voice, ‘Lord, do not charge them with this sin.’ And when he had said this, he fell asleep.” Stephen declared that the Lord should receive his spirit while he was being stoned — he was inviting his spirit to depart from his body and be with the Lord. Acts 14:19–20 reveals, “Then Jews from Antioch and Iconium came there; and having persuaded the multitudes, they stoned Paul and dragged him out of the city, supposing him to be dead. However, when the disciples gathered

around him, he rose up and went into the city. And the next day he departed with Barnabas to Derbe.” Apostle Paul was stoned and the people believed he was dead. Paul lost consciousness during the ordeal and stopped breathing — yet he never declared that the Lord should receive his spirit. It is my conviction that Paul was inwardly proclaiming, “***I shall not die.***” Even though he was not breathing, his spirit remained within his body. This is a reality of the new creature that you must know and embrace. What causes death is the spirit departing from the body — for the body without the spirit is dead. A person may stop breathing, yet the spirit can still be active within. Never forget this reality. You will not die before your time. Therefore, choose to live!

### **The Example of Jesus**

Luke 23:46 reads, “And when Jesus had cried out with a loud voice, He said, ‘Father, into Your hands I commit My spirit.’ Having said this, He breathed His last.” Death did not come upon Jesus Christ to stop Him from breathing. Death had no power over Jesus — He was the One who gave His life. This means Jesus chose the moment of His own death. In the same way, death should not come upon you at any time or in any manner that is not appointed. You should be the one who determines the time of your departure. This is a believer’s reality. Jacob walked in this reality while he was on earth — he blessed his children, drew his feet back into his bed, lay down, and his spirit departed from him.

I know a man of God who declared that when the time of his departure draws near, he will gather all his children, sing with them, and instruct them to prepare his favorite meal. After eating, he will give them a farewell message, go to his bed, sleep, and depart to be with the Lord. This is the revelation alive in

the heart of that man of God. Every believer can walk in this kind of revelation. Do not permit death to force your spirit out of your body prematurely. Carry the revelation that your spirit will obey and remain within you until a specific appointed year. Command your spirit to stay in your body until you reach that particular year. Understand that this is not merely your wish or personal decision — it is what has been revealed to you. The number of your years shall be fulfilled by the Lord. Psalms 68:20 records, “Our God is the God of salvation; and to God the Lord belong escapes from death.” God will always cause you to escape death. Whether you travel by land, air, or sea, and it seems as though there will be engine failure, a crash, or a shipwreck — there should be a revelation in your heart that you will escape. The things that terminate the lives of others will not prevail over your life.

### **The Faithfulness of God**

God is ever faithful — the number of years He has revealed to you will be fulfilled. Exodus 23:25–26 says, “So you shall serve the Lord your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days.” This scripture exhorts you to devote yourself to serving the Lord. The reward of that service is that God will ensure the years revealed to you are fully completed. As long as you remain faithful in serving Him, God will fulfil your years. **Whether the number revealed to you is ninety (90), one hundred (100), one hundred and five (105), one hundred and ten (110), or one hundred and twenty (120)** — God will fulfil the number of your days. Sudden death has no place in your life. God is able to ensure you complete every year allotted to you on

earth. He will make certain you do not die before your time. Job 5:26 reveals, “You shall come to the grave at a full age, as a sheaf of grain ripens in its season.” You will come to the grave only when the number of years revealed to you is complete. Part of the revelation to sustain in your heart is this: “I will not go to the grave before my years are completed. I will go to the grave in the fullness of my age.” If the years allotted to you are ninety, the grave will not receive your body until you have reached ninety years of age. Your spirit will not depart from your body until that number is reached. Death will not have dominion over your life. Root this revelation deep in your heart — do not fear death. **For example**, if you are sixty (60) years old and the revelation you have received is to depart at one hundred and twenty (120), declare boldly that you have only reached the halfway point and you still have sixty (60) more years to live on earth. The way you instruct your spirit to remain in your body is through your words. Speak to your spirit and command it to remain until it reaches the appointed year. Understand that this is not merely a personal wish — it is what has been revealed to you. The number of your years shall be fulfilled by the Lord.

### **Serving God Enthusiastically**

Acts 13:36 says, “For David, after he had served his own generation by the will of God, fell asleep, was buried with his fathers, and saw corruption.” As a new creature, you must serve the Lord in your generation. Long life is one of the rewards of serving Him. Ask yourself honestly: **what are you currently doing in the house of the Lord?** David served his own generation by the will of God — you should do the same. When your appointed time comes, your departure will not be sudden or unexpected; it will be something you have communicated to

those around you. Your family will know — your children and grandchildren will understand that the time for your departure from the earth is near. This is the reality you should model. It is a new day and a new season for you. You will die when the time is ripe. You have learnt how to number your days on earth. Now take the responsibility to thank the Lord, for He has assured you that your days shall be full and fulfilled. You shall live long on earth, and death shall not have dominion over you. Walk in the truth of this reality for your life!

## LONGEVITY FROM GOD'S PERSPECTIVE

### **Understanding the Fullness of Life**

This subject will strengthen your life and empower you to live out the full lifespan God has allotted to you. These insights will equip you with knowledge that prevents you from dying prematurely or randomly. In Christ, you become stronger than death itself. Through this teaching, your spiritual eyes will be opened to the full benefits made available to believers in Christ Jesus. You will realize that as a new creation, you are positioned far above the tragic, unexpected deaths that plague the world. While those who are unsaved often fall victim to premature death, believers should never die before their time. Believers should not be cut down in their youth; rather, they should live to a full, satisfying age according to their God-given purpose. God needs Christians on the earth to carry out His work. Some may argue, *“Jesus didn’t live to an old age—He died at thirty-three and a half. Therefore, long life doesn’t matter as long as you fulfill your purpose.”* While fulfilling your purpose is essential, you

must realize that death did not defeat Jesus. He died on the cross because He chose to die. Death had no power over Him. On the cross, He was the One who decided to breathe His last and yield up His spirit. If Jesus had not been willing to lay down His life at that moment, death could never have touched Him. Therefore, believers should never use the life of Jesus as an excuse to justify a short life. The perspective you must hold is that **longevity is a covenant reality and a living possibility for every believer**. God wants you to live long. He wants you to complete your earthly assignment, and those who love you want you here with them. Your family wants you to live a full life. Your children want you around so that after all your care for them, they can have the joy of honoring and caring for you in return. They want their own children—your grandchildren—to know you. Likewise, no parent should ever have to bury a child; it is a tragedy for parents to prepare a funeral for their offspring. God's order is for children to outlive their parents, and I pray that premature loss will never be your portion, in Jesus' name.

### **A Blessing to Your Generation**

The God we serve wants you on this earth for a long time. Your family, friends, benefactors, and those you impact all desire your longevity. Think of the people whose lives you touch—those you feed, mentor, employ, or support financially. Think of the entrepreneurs you've funded, the students whose tuition you've paid, and the widows you've sustained. None of these people wish a premature death upon you. They pray for your long life because of the kindness you extend to them. If someone sees no value in living long, it may be because they are not yet being a blessing to others. But when you become a blessing, your generation will deeply value your existence. This text presents

a fresh revelation on the subject of longevity. I personally have faced life-threatening situations, but God preserved me. Through those trials, the Lord taught me profound truths. I have previously written two books on this subject: *How to Live Long and Power to Live Long*. This time, I am focusing specifically on **Longevity**. This message goes beyond a personal revelation I live by—it is a direct mandate from God to communicate the truth of long life to the Body of Christ so that believers can fully maximize the benefits of their salvation. I believe the Lord will continue to supply fresh insight on this subject. The ultimate goal is simple: *you will only depart from this world when you are ready to leave*. You will not die randomly, and you will not die before your time.

### **Ezekiel 18:32 vs. Psalm 116:15**

Ezekiel 18:32 declares: “For I have no pleasure in the death of one who dies,” says the Lord God. “Therefore turn and live!” At first glance, this passage can be difficult to reconcile when you compare it with Psalm 116:15, which says: “Precious in the sight of the Lord is the death of His saints.” I used to ask myself: ***Why would one verse say the death of a saint is precious to God, while the other declares that God takes no pleasure in anyone’s death?*** On the surface, these two scriptures seem to contradict each other. This is precisely why you need a clear understanding of this subject—so you do not live your Christian life in confusion.

### **God Takes No Pleasure in the Death of the Unsaved**

There are some whose death brings God pleasure, while there are others whose death brings Him no pleasure at all. Ezekiel 18:32 reinforces this truth: “For I have no pleasure in the death of one who dies,” says the Lord God. “Therefore turn and live!” To understand who God is speaking to in this passage, we

must look at the preceding verse: “Cast away from you all the transgressions which you have committed, and get yourselves a new heart and a new spirit. For why should you die, O house of Israel?” (Ezekiel 18:31) The person God commands to “**turn and live**” is identified as a **transgressor**—a sinner who is not yet saved. God takes no pleasure when an unsaved person dies suddenly. A transgressor is someone in rebellion against God who has refused to come to the Father through Jesus Christ, who said, “I am the way, the truth, and the life. No one comes to the Father except through Me” (John 14:6). Rejecting the finished work of Christ is an act of spiritual rebellion. Acts 9:2 reveals that believers were originally called people of “**the Way**.” Therefore, anyone who has not come to Christ is a transgressor. Even if an unbeliever lives to be one hundred and fifty years old, God is still not pleased with their death because they died unsaved. Longevity without Christ is not a true achievement. Life is more than reaching seventy, eighty, or ninety years of age—you must believe in your heart in Jesus Christ and confess His Lordship with your mouth. Without Christ, an unbeliever cannot be with the Father in eternity, and God takes no delight in losing His creation to hell.

### **The Scriptural Benchmark of Long Life**

Scripturally, long life begins at **seventy years old**. Anyone who reaches seventy has entered into long life. Psalm 90:10 states: “The days of our lives are seventy years; and if by reason of strength they are eighty years, yet their boast is only labor and sorrow; for it is soon cut off, and we fly away.” Celebrating your seventieth birthday is an act of thanksgiving to God for marking the beginning of long life. Consider King David. He died at seventy years old, yet 1 Chronicles 29:28 records: “So

he died in a good old age, full of days and riches and honor; and Solomon his son reigned in his place.” David became king at age thirty, reigned over Judah for seven years, and reigned over all Israel for thirty-three years—making a total of seventy years. Scripture considers seventy to be a **“good old age.”** Similarly, Abraham lived to be one hundred and seventy-five years old and died **“in a good old age, an old man and full of years”** (Genesis 25:7–8). Whether a person dies at seventy, eighty, ninety, or beyond, they have seen old age. However, anyone who dies before age seventy has not seen true old age; they may have grown older, but they did not reach the biblical milestone of old age. The covenant of long life ensures that you see seventy years and beyond.

### **The Purpose of Longevity and Truth**

Even if someone lives to be one hundred and thirty years old and the world celebrates their long life, if that person is not saved, God takes no pleasure in their death. The world may admire such a long life, but God is not pleased because they rejected the Savior. When you die as a believer, God is pleased because you are coming home to Him. As 1 Timothy 2:3–4 tells us: “For this is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth.” God desires two primary things for you:

1. **That you are saved.**
2. **That you come to the knowledge of the truth.**

God wants all people to be saved and to enjoy long life. However, even if someone dies young but is saved, God is still pleased because they belong to Him. Once you are saved, you need the **knowledge of the truth** to exercise dominion over

premature death. As a new creation, you have a covenant right not to die prematurely, or unexpectedly. But without knowledge, you cannot walk in that dominion. You gain this truth by consistently reading, studying, and listening to God's Word. God is never pleased when a person lives a long life on earth yet fails to come to the knowledge of His truth.

### **God Takes No Pleasure in the Death of the Wicked**

Ezekiel 33:11 records: "Say to them: 'As I live,' says the Lord God, 'I have no pleasure in the death of the wicked, but that the wicked turn from his way and live. Turn, turn from your evil ways! For why should you die, O house of Israel?'" This scripture clearly reveals that God takes no pleasure in the death of a wicked person, because when a wicked person dies, they do not go home to God. The core message here is twofold:

1. **Do not be a transgressor**—one who rebels, rejects the invitation to "**the Way**" that leads to the Father, and refuses salvation.

2. **Do not be a wicked person**—someone who actively works to frustrate God's laws, His purpose, and His people.

When such a person dies in their wickedness, God is not pleased. His true desire is for both the transgressor and the wicked to turn to Him, be saved, enjoy long life, and receive the teaching of longevity.

### **God is Pleased in the Death of His Saints**

Psalms 116:15 declares: "Precious in the sight of the Lord is the death of His saints." The Living Bible translation expresses it this way: "His loved ones are very precious to him, and he does not lightly let them die."

## Who Are the Saints?

Many years ago, I thought the saints were angels in heaven because of what I read in the Book of Revelation. I also thought “**saints**” referred only to Christians who had already died—a belief shaped by the song, *“Oh when the saints go marching in, Lord, I want to be in that number.”* It was only later that I came to understand who the saints truly are. The saints are **the people of God**, both the living and the dead. There are saints who are alive on earth today, and there are saints who have already passed away. Everyone who is saved through faith in Jesus Christ as their Lord and Savior is a true, born-again believer. Salvation requires believing in your heart and confessing the Lordship of Jesus Christ with your mouth—declaring, “**Jesus, You are my Lord.**” In this context, calling Him “**Lord**” means recognizing Him as your **Owner**. While society often uses the word “**saint**” to describe a morally perfect person who never sins, the biblical truth is simple: *as long as you are saved, you are a saint.*

## Why a Saint's Death is Precious to God

When a saint dies, their death is precious to God. The Lord is pleased because He knows they are coming home to Him. For a believer, to depart this life means to be with Christ. As Paul wrote in Philippians 1:23: “For I am hard-pressed between the two, having a desire to depart and be with Christ, which is far better.” God takes pleasure in a saint's departure because He knows they will spend eternity with Christ. When a believer dies, though our earthly farewell is painful because we will no longer see them in the flesh, we can comfort ourselves with the firm assurance that they are now with the Lord. To illustrate this, consider two people:

- The first person dies at age sixty-one, having believed in the Lordship of Jesus Christ.
- The second person dies at age one hundred and twenty, but without Christ.

From God's perspective, He takes pleasure in the one who died at sixty-one because that person accepted Jesus as Lord. The second person lived a much longer life, but because they rejected Christ, they will not be with the Lord in eternity.

### **God Does Not Want Saints to Die Prematurely**

God does not want His saints to die at just any age. He wants them to enjoy longevity, live a full life, and reach a good old age—living to seventy years and beyond. While a Christian who dies before age seventy will still be with Christ, God's full desire is for them to see long life. Here are certain fundamental truths about the saints:

#### **1. God Wants the Saints to Fulfill Purpose Before They Die**

This is one of the primary reasons God grants longevity: He wants His saints to fulfill the purpose of their existence. That purpose includes:

- **Being a blessing to others.**
- **Leading people to salvation** so they become Christians through your witness.
- **Accomplishing divine exploits** that bring visibility and glory to God's name on earth.

Consider the life of Moses. God used him to deliver the Israelites from captivity in Egypt. However, Moses only stepped into that primary assignment at eighty years old—the age when he began

the work God had for him. He later died at one hundred and twenty. If Moses had not been granted the privilege of living to age eighty, how could he have fulfilled his purpose of delivering Israel? Though Moses did not enter the Promised Land because God called him home early, his long life was essential to guiding God's people out of bondage.

## 2. God Wants the Saints to Enjoy Life

God does not want you to suffer; He wants you to enjoy life. It is His desire that you live with comfort and peace of mind. You must settle this truth in your mind: **suffering is not God's will for you.** While the trials of life are temporary, God's enduring desire is for you to live in pleasure and abundance. The good things of life were not created solely for unbelievers. They are your rightful inheritance in Christ. God wants you to:

- **Live in beautiful homes.**
- **Drive quality cars and travel comfortably.**
- **Enjoy nutritious, satisfying food** rather than just eating whatever is available out of survival.

Consider King David. For many years, he fought intense battles, but a time came when the Lord gave him rest from all his enemies. This principle is confirmed in 1 Timothy 6:17: "Command those who are rich in this present age not to be haughty, nor to trust in uncertain riches but in the living God, who gives us richly all things to enjoy." The Apostle Paul instructed Timothy to remind those with financial means that God is the true source of their wealth, and that He gives us richly all things to enjoy. At the same time, believers are called to maintain humility, do good works, and be a blessing to others. If a believer dies prematurely,

how can they enjoy the earthly inheritance God has provided for them? God grants longevity so that you have time to fully enjoy everything He has given you. He has promised that you will spend your days in prosperity, not in poverty.

### **3. God Wants the Saints to Live Out Their Allotted Years Before They Die**

God has promised to fulfill the number of your days. Everyone born into this world has a lifespan allotted to them by God, which is why some lives are long while others are cut short. Even before you were born, the number of your years was already established in God's plan. Now that you are a new creation in Christ Jesus, you have the covenant privilege to live to a good old age. Satan does not hold the power of death over your life. As a believer, you should never die randomly, prematurely, or unexpectedly. You are called to walk in victory over death, so that even when death confronts you, you can conquer it through the revelation of God's Word within you.

### **4. God Wants the Saints to Live Long to Serve Him**

God desires that you serve Him faithfully on earth before you depart. Job 36:11 promises: "If they obey and serve Him, they shall spend their days in prosperity, and their years in pleasures." When you obey and serve God, your covenant destiny is to spend your days in prosperity and your years in pleasure. Because God wants you to serve Him, longevity becomes an essential kingdom benefit. If your life is cut short, you will not have the opportunity to serve God fully or enjoy the prosperity He has provided. As a saint, you must fix this truth in your mindset: **you are meant to live long and serve God in prosperity.** Let it be said of your life that you served

the Lord for eighty years! Imagine being a pastor for seventy-five years or a minister in the choir for ninety years—these are powerful examples of length of days spent in divine service. It is God's earnest desire that you live long. As a believer, you are predestined for a long, fruitful life of service.

## EXERCISING DOMINION OVER DEATH

### **The Revelation of God's Word Grants You Dominion Over Death**

Deuteronomy 30:15 declares: “See, I have set before you today life and good, death and evil...” This scriptural passage shows that God places both life and death before you, giving you the choice between the two. When you listen to the Word of God, you are taking life into your spirit, because God's Word is spirit and life (John 6:63). Conversely, when you constantly read or listen to reports about the latest deadly diseases, you are filling your mind with death. You must be intentional in guarding your thoughts. Never train your mind to focus on medical reports of deadly diseases or dwell on how a pain in your body has killed others. When many people feel a symptom, their immediate reaction is to research it online or ask around—only to hear stories of how that same condition claimed many lives. Doing this means you are consuming the message of death. Instead, set your heart on reading and listening to God's Word. When

you feed on scripture that establishes your dominion over death, you receive divine life. Jeremiah 21:8 further clarifies this truth: “Now you shall say to this people, ‘Thus says the Lord: “Behold, I set before you the way of life and the way of death.”’” Notice that there is **a way of life** and **a way of death**, and God gives you the authority to choose between them. Receiving revelation from God’s Word is what exposes the way of life to you. Revelation comes through three primary habits:

- **Listening** to the Word
- **Reading** the Scriptures
- **Meditating** on God’s truths

The Scriptures contain principles that reveal both the path to a long life and the path to a shortened one. The Word of God serves as a guide, revealing which path you are on. Just as Jesus Christ is the Way to the Father, God’s Word reveals the clear path to long life.

### **Look at the Word and Live**

There are truths I discovered in the Word of God that transformed my perspective on long life and launched me into a deeper understanding of longevity. Numbers 21:4–9 records: “...And the people spoke against God and against Moses: ‘Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and our soul loathes this worthless bread.’ So the Lord sent fiery serpents among the people, and they bit the people; and many of the people of Israel died... So Moses prayed for the people. Then the Lord said to Moses, ‘Make a fiery serpent, and set it on a pole; and it shall be that everyone who is bitten, when he looks at it, shall live.’ So

Moses made a bronze serpent, and put it on a pole; and so it was, if a serpent had bitten anyone, when he looked at the bronze serpent, he lived.” When the Israelites complained against God and Moses, fiery serpents entered the camp and bit many of them. In response to Moses’ prayer, God created a divine system for their healing and survival: **looking at the bronze serpent on the pole**. Anyone who was bitten and looked upon the serpent lived instead of dying. God set before them a clear path to life. The insight for believers today is simple: **you look at the Word of God to be healed**. In the midst of pain, sickness, or disease, there is a scripture you can fix your heart upon that will release healing into your body. When you continuously behold the Word of God, sicknesses that were meant to destroy you lose their power over your life.

### **Modern Examples of Looking at the Word**

1. **The Bedridden Minister:** I recall a highly esteemed minister who was bedridden with a severe illness. While lying on his sickbed, he deliberately meditated on Proverbs 18:14: “The spirit of a man will sustain him in sickness.” Through consistent, intentional meditation on that single verse, his spirit was strengthened and he was completely healed.

2. **My Season of Pain:** During the global lockdown, I faced severe pain and sickness. I continually set my heart on scripture, declaring:

- **“I shall not die, but live” (Psalm 118:17).**
- **“With long life will He satisfy me” (Psalm 91:16).**
- **“No evil shall befall me” (Psalm 91:10).**
- **“My eyes shall not grow dim, nor my natural vigor diminish” (Deuteronomy 34:7).**

**3. Conquering Fear of Blindness:** While in university, my eyes felt heavy and painful. The enemy began reminding me of relatives on my mother's side who had gone blind. I went to God in prayer, anchoring my faith on the truth that Moses' eyes were not dim in his old age; therefore, I would not go blind either. I didn't hear an audible voice immediately, but within a few months, my eyes became completely normal, healthy, and pain-free.

### **How to Meditate and Declare the Word**

When sickness or pain comes, you must set your heart on the Word and meditate deliberately.

**1. If your mouth is unaffected:** Speak the Word out loud! Open your mouth wide and boldly declare: **“I shall not die, but live!”**

**2. If the sickness affects your speech:** Meditate deeply and **“think loudly”** in your heart. God hears the silent thoughts and intentions of your heart just as clearly as spoken words.

**A Note on Medical Care:** I am not against medical attention. Receiving medical treatment is good and beneficial. However, while you are under medical care, you must maintain a revelation in your heart that you will live long. Medical treatment cares for your body, but the revelation of God's Word sustains your spirit so that it does not prematurely depart from your body. Proverbs 18:14 reminds us: “The spirit of a man will sustain him in sickness, but who can bear a broken spirit?” The revelation of God's Word strengthens your spirit man to stay grounded in your body. Consider the testimony of Reverend Kenneth Hagin. While bedridden as a young man, he received the revelation that Christ had borne his infirmities. Reading Jesus' words—that if anyone speaks to the mountain without doubt, they will have

what they say—he commanded the sickness to leave his body, and he was permanently healed. Revelation gives you direction and actionable faith.

### Written Scripture and Spoken Revelation

When Jesus was tempted in the wilderness, He declared: “Man shall not live by bread alone, but by every word that proceeds from the mouth of God” (Matthew 4:4). Your body needs food, but your life is sustained by the Word. The Word you look upon can be:

- **The written Scriptures** (the *Logos*).
- **A *Rhema* word** given directly to your spirit by the Holy Spirit.
- **A prophetic word** spoken over your life by your spiritual leader.

Several years ago, during a time when the enemy sought to cut my life short, I prayed, asking God to keep me alive until age ninety. As I prayed, the Holy Spirit spoke directly to my heart, revealing that God’s plan for me was to live well past ninety—even giving me the specific age, which mirrored the lifespan of two prominent patriarchs in the Bible. I held tightly to that word because God cannot lie. Whenever sickness or pain attempts to rise up, I immediately look upon that revealed word. You have a responsibility to lay hold of both the written Word of God and the inspired revelations given by the Holy Spirit. Do not take the promptings of the Spirit lightly. Believe the Word, speak the Word, and make God’s Word your ultimate anchor for a long, satisfied life!

### Different Kinds of Life

There are different kinds of life, including:

1. **The Good Life:** The opposite of a good life is a bad life. A good life is what every person on earth prays to experience; no one desires the alternative.
2. **Eternal Life:** This is also known as everlasting life—the divine life of God.
3. **Immortal Life:** The opposite of immortal life is mortal life.
4. **Long Life:** The opposite of long life is a short life.

### God the Sustainer

You must know that there is a God who sustains His people. Psalm 3:5 says: “I lay down and slept; I awoke, for the Lord sustained me.” If you lie down to sleep and wake up again, God is your Sustainer. Without God sustaining you, returning to life from sleep would be impossible. When you truly grasp this reality, fear loses its grip. You will not worry about dying in your sleep; instead, you will sleep with full confidence that you will wake up safely. The God who watches over you neither slumbers nor sleeps (Psalm 121:4)—He watches over His own to preserve and protect them. Psalm 41:1–3 declares: “Blessed is he who considers the poor; the Lord will deliver him in time of trouble. The Lord will preserve him and keep him alive, and he will be blessed on the earth; You will not deliver him to the will of his enemies. The Lord will strengthen him on his bed of illness; You will sustain him on his sickbed.” This passage reveals that God preserves human life and keeps us from dying. Notice specifically that God preserves the person who considers the poor. If you consistently rise to help the poor, keep this revelation in your heart: **God will sustain you even on a bed of illness.** When you care for the needy, God promises to:

- **Deliver you** in times of trouble.
- **Preserve you** and keep you alive.
- **Protect you** from the hands of your enemies.
- **Sustain and strengthen you** through any sickness.

Rest in the truth that God is your Sustainer!

### **The Terror of Death**

Psalm 55:4 declares: “My heart is severely pained within me, and the terrors of death have fallen upon me.” The Easy-to-Read Version (ERV) translates this verse as: “My heart is pounding inside me. I am afraid to die.” You need to be aware that **the terror of death** can occasionally fall upon people. Many suddenly enter a season of life where they are bombarded by persistent thoughts of dying. The terror of death is essentially the spirit of fear regarding death. Whenever you see someone—especially a young person—confronted with the sudden, overwhelming thought that they will die unexpectedly or go to sleep and never wake up, know this: **that is a demonic attack released from the kingdom of darkness.** The goal of this spiritual attack is to plant unimaginable, fearful thoughts into the mind. Satan uses this tactic because the assignment of fear is to magnetize and bring to pass the very things a person dreads. Fear is not just an emotion; it is a spirit. The Apostle Paul reminded Timothy: “For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (2 Timothy 1:7) The spirit of fear is a dark force that attempts to compel you into the bondage of timidity, making you live in terror of calamity or death coming upon your life. But as a believer, you do not have to yield to it!

## The Things You Greatly Fear

Job 3:25 states: “For the thing I greatly feared has come upon me, and what I dreaded has happened to me.” The things you greatly fear will ultimately come upon you. When the kingdom of darkness targets a person, it releases the terror of death to plant fear in their heart. Once that fear takes root, demonic forces use those fearful thoughts to enforce the very things the person dreads. Fear acts like a spiritual magnet—it draws the exact thing you fear directly to you.

- A person who fears failure will eventually end up failing.
- A person who fears death will attract death to themselves.

In fact, the sudden death of many people can be traced directly to their hidden fear of dying. If you do not know how to deal with fear, you cannot overcome the things you fear. You must focus on **fear itself**, which is the root, rather than the bad outcomes, which are merely the fruit. If you sever the root, the fruit will naturally wither away. When this terror of death comes against a family, its members begin to doubt whether they will live long. They become consumed with thoughts of dying, and the family history of premature death begins to prevail. But you can conquer fear! If your heart is being bombarded by thoughts of death, you must open your mouth and rebuke death immediately. Boldly declare: “**I shall not die, but live!**” Continuously anchor your heart on the divine revelation that you will see long life.

## Conquering Fear and Demonic Dreams

One of the primary avenues through which the kingdom of darkness releases the terror of death is through dreams. A bad dream is designed to release fear into your heart. However, the

day you experience a negative dream, the Word of God stored in your heart becomes your weapon of deliverance. For example, if you see yourself in a coffin or being buried in a dream, do not accept it as a prophecy of what must happen! When you wake up, recognize that it is simply the kingdom of darkness attempting to plant the fear of death so you will magnetize it into your life. Never treat a terrifying dream as an unchangeable fate. Understand that every dream is a spiritual **“speaking.”**

- Dreams from God are His voice speaking to you.
- Dreams sponsored by the kingdom of darkness are demonic speaking.

Spiritual warfare in dreams is essentially a battle of words, and you must counter demonic speaking with the Word of God.

#### **How to Overcome a Negative Dream:**

When you wake up from a bad dream, do not panic. Instead, take these steps in prayer:

1. **Start with Praise:** Thank God for your total victory over death and the grave.
2. **Pray in the Spirit:** Stir up your faith by speaking in tongues.
3. **Declare the Word Boldly:** Declare, ***“Why do you seek the living among the dead? I am joined to the living, and I shall remain among the living!”***

Whatever negative thing you saw in a dream has not yet happened in reality. You have the spiritual authority to correct, cancel, and adjust any dream in the place of prayer and through consistent, bold declarations. Any dream that leaves fear in your heart is a clear indicator that the terror of death has been unleashed against you—conquer it immediately with the Word of God!

## Beware of False Utterances

Psalm 55:5 declares: “Fearfulness and trembling have come upon me, and horror has overwhelmed me.” The fear of death is simply the terror of death. It comes upon people and attempts to overwhelm them. Matthew 26:59–60, 66 records: “Now the chief priests, the elders, and all the council sought false testimony against Jesus to put Him to death, but found none. Even though many false witnesses came forward, they found none. But at last two false witnesses came forward... ‘What do you think?’ They answered and said, ‘He is deserving of death.’” The council unanimously declared that Jesus was deserving of death. Do you realize that the kingdom of darkness makes this exact same utterance against certain people today? Dark forces and demonic powers issue decrees saying that you deserve to die. They want your life terminated and your existence cut off early. ***(Every power or force saying you deserve to die is cut off right now, in Jesus’ name!)*** When you experience the terror of death, it is often the result of spiritual forces operating against your life. However, you can overcome these demonic utterances and conquer the terror of death through **two vital weapons**:

### 1. Revelation

### 2. Declaration

## Overcoming Utterances in the Spirit

When utterances are spoken against you from the kingdom of darkness, you may experience various terrifying dreams or feel spiritual forces attacking you. Understand that the beings you encounter in these dreams are spirits. You do not resist them simply by shouting; you resist them through **deeper revelation in your heart**.

- **Fighting by Revelation:** This means fixing your mind on a scripture or an inspired word given to you by the Holy Spirit, meditating on it until it becomes an unshakeable conviction within your spirit.
- **Fighting by Declaration:** This means speaking forth that revelation with spiritual authority, knowing that what you decree must be established in your life.

When you combine revelation with declaration, you stand boldly in prayer and say a firm “**No!**” to the devil. You defeat the enemy and his agents every single time through the revelation and declaration of God’s Word!

### **The Shadow of Death**

The shadow of death is distinct from the terror of death. Luke 1:79 declares: “To give light to those who sit in darkness and the shadow of death, to guide our feet into the way of peace.” Those sitting in the shadow of death desperately need help; they must be rescued from destruction. These individuals do not deserve to die, yet they find themselves oppressed, suppressed, and enduring intense pain that threatens to end their lives. People under the shadow of death are experiencing the agonizing pressure of destruction in their bodies, minds, or circumstances. The way to help them is by **delivering light, revelation, and divine illumination**. They must be guided to catch a revelation of God’s Word that will strengthen their spirit to rise above the oppression. The shadow of death operates by inflicting painful situations designed to wear a person down until they succumb. Therefore, you must refuse to let death touch any area of your existence—your body, your family, or your labor. **Give no space to death in your life!**

## The Valley of the Shadow of Death

Psalm 23:4 records: “Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me.” David walked through the valley of the shadow of death without fear because he had a deep revelation in his heart: **God was with him**. He consistently anchored his mind on this truth. You must realize that the shadow of death may attempt to oppress you as well. Therefore, you need the right revelation to overcome it. Trust the Lord to supply you with the specific insight required to suppress every shadow of death that comes your way. However, that revelation must not remain buried in your heart or written only in your notebook—you must move into the realm of **speaking**. Proverbs reminds us that death and life are in the power of the tongue (Proverbs 18:21). When you are confronted with the shadow of death:

- Keep a strong scripture stored in your heart.
- Consistently declare that word with your mouth.

Speaking the Word proves that you have conquered the shadow of death and defeated the forces that have overcome others. Never take revelation and declaration lightly! Keep looking upon key truths in Scripture, and speak them out boldly:

- **“I shall live!”**
- **“I shall die in a good old age!”**
- **“I shall never be a victim of sudden death!”**

When you declare these revelations in faith, they will be established in your life.

## A BALANCED VIEW ON THE CONCEPT OF DEATH

### **What is Death?**

Death simply means separation. Whenever you hear about death, you should think of separation. Death also connotes the complete absence of life. Where life is absent, death has set in.

### **You Can Be Released from Death**

It is entirely possible to live a long life, and every believer should firmly hold to this truth. Psalm 102:19–20 states: “For He looked down from the height of His sanctuary; from heaven the Lord viewed the earth, to hear the groaning of the prisoner, to release those appointed to death.” This passage reveals that the Lord in heaven actively releases and delivers those who have been appointed to death. People under a sentence of premature death are set free when they receive a revelation from God’s Word that empowers them to overcome death. While demonic forces may decree that a person must die, the revelation of God’s Word within their heart decrees that they shall live—and what God says will always prevail!

## Overruling the Sentence of Death

At times, the kingdom of darkness passes a spiritual judgment of death upon an individual.

- **Demonic Dreams:** Seeing yourself in a coffin in a dream is a spiritual “*speaking*” from the kingdom of darkness, signaling an appointment with death. However, if you wake up, look into your heart, and boldly declare scriptures establishing that death is not your portion, you break that assignment and deliver yourself from the spirit of fear.
- **Negative Medical Reports:** If a doctor diagnoses a disease and declares that you have only six months to live, that report is an appointment with death. To overcome it, you must lay hold of a scriptural revelation proving that your life cannot be terminated in six months. Through that revelation, you must instruct your spirit man to remain grounded in your body.

## The Supreme Court of Heaven

Consider how earthly courts operate: when a judge sentences someone to prison, law enforcement officers simply carry out that verdict. Death itself is not the judge; death is merely an enforcer executing a sentence. When the kingdom of darkness decrees death over your life, it tries to establish a “*legal ground*”—such as a fatal accident, an incurable disease, or an act of violence. However, the kingdom of God operates as a **Supreme Court** that completely overrules the lower courts of darkness! Whatever God’s Supreme Court declares overrides every ruling of darkness. Armed with God’s Word—His divine constitution—and aided by the Holy Spirit, you can catch a revelation that empowers you to turn away any circumstance aligned with your

destruction.

## Personal Testimonies of Deliverance

### 1. Miraculous Preservation on the Highway

One day while traveling, the brakes of an oncoming trailer failed. The massive truck began barreling directly toward the vehicle I was in, making a head-on collision seem unavoidable. While other passengers screamed in terror, I remained quiet in my spirit. At the very last second, our driver turned the wheel, and the trailer swerved in another direction, saving us miraculously. Even in that split second, a revelation burned in my heart: **God preserves me from all evil**. I was fully convinced of Psalm 121:8—that the Lord preserves my going out and my coming in. Because I held a divine verdict of life in my heart, God provided an escape route.

### 2. Immunity During the Global Pandemic

During the height of the COVID-19 pandemic, I traveled and stayed at the home of a host who had tested positive for the virus. Unknowingly, I was hosted in the exact isolation room he had used for two weeks. While in that room, fear attempted to whisper that I would contract the disease. However, my spirit immediately countered with Psalm 91:10: ***“No evil shall befall you, nor shall any plague come near your dwelling.”*** I anchored my faith on that verse, declaring that the virus would not touch my body or my lodging. When symptoms briefly attempted to manifest in my body, I stood my ground, declaring: ***“No evil shall befall me, and no plague shall come near my dwelling!”*** The symptoms vanished completely.

## Your Spiritual Reality in Christ

You must possess an inner revelation that continuously de-

livers you from death. **Old age should be the only reason for your physical departure—you should die only when you are ready to die.** If you are not born again, these covenant promises do not apply to you. But as a new creation in Christ Jesus, death has no spiritual authority or legal right over your life:

- **You are in Christ:** Jesus conquered death forever through His resurrection.
- **You sit above death:** As a believer, you are positioned spiritually where death cannot claim you prematurely.

Believers who die short of their allotted years often do so simply because they are unaware of their spiritual reality in Christ. Never allow the revelation of God's Word to leave your heart. Lay hold of His promises, plead your case before the Supreme Court of Heaven, and live out the long, satisfied life God has ordained for you!

### **The Holy Spirit: Revealer of Truth**

Whenever you are facing the trials of life, ask the Holy Spirit to open your understanding. At the same time, search the Scriptures to capture a revelation you can firmly lay hold of. Once you receive that revelation, personalize it by placing your name inside the promise, and declare it consistently over your life. Luke 2:25–30 records: “And behold, there was a man in Jerusalem whose name was Simeon... And it had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Christ. So he came by the Spirit into the temple. And when the parents brought in the Child Jesus, to do for Him according to the custom of the law, he took Him up in his arms and blessed God and said: ‘Lord, now You are letting

Your servant depart in peace, according to Your word; for my eyes have seen Your salvation.’” Simeon knew with absolute certainty that he would not die until he had seen the Messiah with his own eyes because the Holy Spirit had revealed it to him. That same Holy Spirit can give you a divine revelation regarding your longevity. He can reveal to you that you will not see death until:

- **You reach a specific, full age.**
- **You see your children’s children down to the fourth generation.**
- **You see all your children happily married and raising their own families.**

The revelation Simeon received was sponsored by the Holy Spirit, and the Holy Spirit is ready to reveal God’s plan of long life to you as well!

### **Lay Hold of the Revelation**

There must be a revelation in your heart communicating that death cannot touch you until specific divine milestones are fulfilled. You need to trust God for such a revelation. Looking at Scripture, we see that patriarchs like Jacob and Moses were fully aware when their time to die drew near. Jesus Christ knew when His hour had come, and the Apostle Paul explicitly told Timothy that the time of his departure was at hand. Through the Holy Spirit, God can reveal key things that must happen before you depart this earth.

### **Overcoming the Shadow of Death**

For about two years, I was hunted by the fear of death. It felt

as though the enemy was determined to terminate my life and cut off my existence on earth. In fact, there were moments I genuinely thought I was going to die. I prayed fervently, asking God to deliver me and pleading with Him to let me fulfill His will for my life. Yet, for two long years, it felt as if God had removed His hedge of protection from me. Then came a pivotal night. While in my room, my body began reacting strangely, and it felt as though I would not survive the night. Immediately, I began declaring out loud: ***“I shall not die, but live!”*** In that exact moment, the Holy Spirit inspired a revelation in my heart: I would not die that night, and I would live to a specific, ripe old age. The Lord revealed that exact age to me and even showed me two biblical figures who lived to that same milestone. From that night forward, the truth of Psalm 91:16 (*“With long life will I satisfy him”*) became an absolute certainty to me. The Holy Spirit made it clear that I would not see death until I reached those years. As a new creation in Christ, you have the covenant privilege through the Holy Spirit to know that your life is secured. You do not need to be a ***“spiritual superstar”*** to receive this—you simply need to be sensitive to the Holy Spirit and hold to the assurance that until God’s plan is fulfilled, you will not depart this earth.

### **Balancing Spiritual Faith and Practical Wisdom**

I recall a brother who was diagnosed with four severe diseases. He called me in deep distress, weeping and asking if this was how his life would end. I gave him clear instructions:

1. **Turn off your phone** and eliminate distractions.
2. **Engage in bold declarations for thirty minutes**, repeating: ***“I shall not die, but live!”***

I knew that declaring the Word would shatter the spirit of fear

controlling him. After he did this, I called him back and asked what age he desired to live to. With newfound confidence, he replied, “*One hundred years! That has always been my desire.*” I instructed him: “***Go into your quiet place and declare, ‘I shall not die until I reach one hundred years of age!’ Whenever thoughts of death return or you remember the doctor’s report, open your mouth and declare your victory over these diseases.***” The brother obeyed. At the same time, he followed medical advice—he took his prescribed medication and strictly adjusted his diet, cutting out certain foods that were harmful to his body. Eventually, he was completely healed of all four diseases! Notice how this brother cooperated with both God and practical wisdom:

- **Spiritually:** He aligned with God by boldly declaring the number of his days.
- **Practically:** He aligned with human wisdom by following proper dietary and medical guidelines.

Do not focus solely on the spiritual side while neglecting practical health measures. The foods some people consume are the direct root of their sicknesses. Identify what God has revealed to you spiritually, apply practical wisdom to your physical body, and lay hold of your long life!

### **Not All Sicknesses Are Unto Death**

John 11:1–4 records: “Now a certain man was sick, Lazarus of Bethany, the town of Mary and her sister Martha. It was that Mary who anointed the Lord with fragrant oil and wiped His feet with her hair, whose brother Lazarus was sick. Therefore the sisters sent to Him, saying, ‘Lord, behold, he whom You love is sick.’ When Jesus heard that, He said, ‘This sickness is not

unto death, but for the glory of God, that the Son of God may be glorified through it.’” Some sicknesses are not unto death—in fact, not every disease is meant to kill you! Even if a medical report indicates that a disease is terminal, you must open your mouth and boldly declare that you shall live. As a new creation in Christ Jesus, you have spiritual authority to enforce God’s will over physical circumstances.

- If you have a loved one who is sick and it seems the illness is overpowering them, **boldly declare that this sickness is not unto death!**
- If you are a parent with a critically ill child, **stand firm and declare that the sickness is not unto death!**
- If you are a husband whose wife is sick, **speak with authority and declare that the sickness is not unto death!**

Whatever negative medical report is brought to you, be bold enough to reject its finality. Reports of cancer, hypertension, or any other critical condition must be turned down by declaring: **“This is not unto death!”** When Jesus arrived at Lazarus’ tomb, He prayed: “Father, I thank You that You have heard Me” (John 11:41). The Father heard Jesus because He had already made a bold spiritual declaration earlier: **“This sickness is not unto death.”** It does not matter what the medical report says—you must boldly declare that you or your loved one will live and rise from that sickbed. If you are lying on a sickbed today, take heart: **you will rise up, live, and fulfill your full number of years in Jesus’ name!**

### **Even if Death is Near, There is a Way Out**

Psalm 79:11 says: “Let the groaning of the prisoner come

before You; according to the greatness of Your power, preserve those who are appointed to die.” God possesses preserving power that can intervene for those facing an appointment with death. This is a prayer you can boldly pray for yourself and for those around you: ***“Lord, according to the greatness of Your power, preserve this person from death!”*** Even if a doctor or circumstance says someone has only three months to live, you can stand in prayer and ask the Lord to preserve their life. As you pray for others, be sensitive to the Holy Spirit. Watch for any divine revelation He gives you during prayer, and share that word with the person to strengthen their faith. Consider King Hezekiah. When the prophet Isaiah told him to set his house in order because he was going to die, Hezekiah turned his face to the wall and prayed. Before Isaiah had even left the court, God sent him back to tell the king that fifteen years had been added to his life! You can take any negative medical report to the place of prayer. Be intentional about standing in the gap for those who seem appointed to die. When you intercede in faith:

- **Preservation** is released over their life.
- **Healing** and vitality are restored to them.
- **The appointment with death** is completely canceled.

You should never die before your God-given time. As a new creation in Christ, God does not surrender your life over to death. In the Old Testament, Satan came before God to bargain over Job’s life, but that kind of transaction can never happen to a believer today. Because of the death, burial, and resurrection of Jesus Christ, you are redeemed from the power of the enemy. Death no longer has a legal hold on the righteous—stand your ground, pray in faith, and know that there is always a way out

in God!

### **Don't Die Before Your Appointed Time**

Psalm 118:18 reads: “The Lord has chastened me severely, but He has not given me over to death.” God only permits a person to pass away when their appointed time to die has truly come. Until God’s approved time for your departure arrives, you are not permitted to die! You must be resolved never to die before your appointed time. As a new creation in Christ Jesus, you can have a spiritual revelation when your time to depart is approaching. You do not have to be caught by surprise. Both the Apostle Paul and the Apostle Peter were given clear knowledge by the Holy Spirit when their time on earth was coming to an end (**2 Timothy 4:6, 2 Peter 1:14**). Trust God to reveal to you by His Spirit the work you must accomplish before your departure, as well as the season set for your transition. Hebrews 9:27 declares: “And as it is appointed for men to die once, but after this the judgment...” Scripture guarantees that it is appointed for man to die **once**—not prematurely or repeatedly through spiritual attacks! You must stand firm and ensure that you do not die before that divine appointment. No matter what pain, sickness, or challenging situation you face, hold fast to the assurance that you will live to a good old age. Be continually grateful to God for preserving your life, and praise Him for a long, fulfilled life in the land of the living!

### **Three Kinds of Death**

#### **1. Spiritual Death**

Spiritual death is **separation from God**. This was the first death in human history, occurring in the Garden of Eden when Adam and Eve disobeyed God. God warned Adam that in the day

he ate of the tree of the knowledge of good and evil, he would surely die (Genesis 2:17). The death that occurred that day was not an immediate physical death, but a spiritual one—man was severed from communion with God. After they sinned, God banished Adam and Eve from Eden to prevent them from eating from the Tree of Life. Had they eaten from the Tree of Life in their fallen state, they would have inherited ***immortal physical life***—living forever in a fallen condition, much like angels who cannot physically die. If that had happened, God would not have been able to accomplish the redemption of mankind. Romans 5:12 explains: “Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all sinned.” When Adam sinned, all of humanity was in his loins—including Eve, who was created from him. Because human life is passed down through the seed of the man, the consequence of Adam’s sin—spiritual death—spread to all mankind.

### **Reconnected in Christ**

Thank God, spiritual separation ended through Jesus Christ! Every new creation in Christ Jesus is now spiritually reconnected to the Father:

- **We are one with God:** We are no longer separated or distant from Him.
- **We possess His Spirit:** Through the finished work of Christ, the Spirit of God abides in us forever.
- **We have eternal life:** The life of God is permanently residing within your spirit.

Through Christ, the barrier of spiritual death has been shattered, and you are forever united with God.

## 2. Physical Death

Physical death is simply **the separation of the spirit from the body**. When the inward man (the spirit) leaves the outward man (the physical body), physical death occurs. James 2:26 declares: “For as the body without the spirit is dead, so faith without works is dead also.” When a person dies physically, their body remains intact—it can still be seen and is eventually laid to rest—but the spirit that animated it has departed. As long as the spirit remains inside the body, a person cannot die. For instance, when a person faints, their physical body may temporarily stop functioning, but they wake up because their spirit never left. Physical death occurs only when the spirit completely departs from the body. Understanding this truth provides the key to **raising the dead**: if the spirit man can be called back and restored to the body by spiritual authority, physical life will be fully restored!

## 3. The Second Death

Many assume that the second death means the human spirit ceases to exist. However, the human spirit created by God will live forever. The second death is not the annihilation of the spirit—it is a location of eternal separation from God. Revelation 21:8 reveals: “But the cowardly, unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.” The second death **is the lake of fire and brimstone**. It is a real place where torment occurs day and night, forever and ever. Anyone who rejects Christ and is excluded from the New Heaven and the New Earth will spend eternity in the lake of fire.

## Victory Over the Second Death

Thank God, those who are saved have been completely deliv-

ered from the second death! Revelation 20:6 declares: “Blessed and holy is he who has part in the first resurrection. Over such the second death has no power, but they shall be priests of God and of Christ, and shall reign with Him a thousand years.” Every believer who has trusted in the Lord Jesus Christ is a partaker of His resurrection. You must reckon yourself as resurrected with Christ—fix this truth firmly in your heart! Jesus’ resurrection guarantees the resurrection and eternal security of every believer. Over you, the second death has zero power.

### **An Urgent Call to Evangelism**

Because the second death is real, we cannot remain silent. If you have family members or loved ones who are not yet saved, go and preach the Gospel to them! They will not be in this world forever. Reach them today so they may be saved from the lake of fire and inherit eternal life with Christ!

### **Living Beyond One Hundred and Twenty Years**

God did not limit human lifespan to one hundred and twenty years. Do not limit yourself simply because Moses died at one hundred and twenty! You can live well beyond that. Had Moses not provoked the Lord at the waters of Meribah, he might have lived even longer—his disobedience led to an untimely departure before entering the Promised Land. The number of years allotted to each person on earth varies, but one hundred and twenty is not a strict ceiling. You should never die at just any time or by accident. You should pass away only when your work is finished and you are personally ready to depart. **Don’t die suddenly or unprepared!** Romans 6:9 declares: “Knowing that Christ, having been raised from the dead, dies no more.

Death no longer has dominion over Him.” Because death has no dominion over Christ, it should have no dominion over you. Anyone rooted in Christ should never be a victim of sudden or premature death. As a believer, when you have fulfilled your years and reached a ripe old age, you simply choose to depart.

### **Nothing Separates You from God’s Love**

Romans 8:38–39 states: “For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.” Your core revelation must be that death cannot separate you from the love of Christ, nor can it snatch your spirit from your body at will. As a new creation, you must realize that death has no control over you. Jesus Christ holds ultimate power over death, and through the authority in His name, He has qualified you to rule over it!

### **Death is an Enemy You Must Rule Over**

Death is an enemy—and it is an enemy you must never tolerate. 1 Corinthians 15:26 reminds us that the last enemy to be destroyed is death, and it will ultimately be cast into the lake of fire. As a believer, you are commanded to exercise dominion over this enemy right now. Psalm 110:2 declares: “The Lord shall send the rod of Your strength out of Zion. Rule in the midst of Your enemies!” One of your primary enemies is death, and you rule over it through two spiritual weapons: **revelation and bold declaration**.

### **Following the Example of Paul**

2 Corinthians 11:23 records Paul writing: “Are they ministers

of Christ?—I speak as a fool—I am more: in labors more abundant, in stripes above measure, in prisons more frequently, in deaths often.” The Apostle Paul was confronted with death time and time again, yet death could not conquer him. Why? Because he understood that death was an enemy he was empowered to rule over! When you face a dangerous situation or wake up from a terrifying dream, do not yield to fear or intimidation:

1. **Open your mouth wide.**
2. **Speak forth your revelation.**
3. **Declare boldly: “I shall not die, but live!”**

Do not permit the enemy called death to thrive or gain a foothold in your life. Hold fast to the unshakeable truth: **Death shall not conquer me, and I will never die before my time!**

## APPLYING WISDOM TO HEALTH MATTERS

### **Faith vs. Wisdom in Health Matters**

Every believer is commanded to rule over the enemy. You exercise dominion over death through the revelation of your victory in Christ and through your bold, faith-filled declarations. If a doctor tells you that you have only a few months to live, stand firm and declare that you shall not die, but live to a good old age! However, alongside your faith, you should also proceed to apply practical health solutions. Do not be a believer who receives a negative medical report and relies only on spiritual confession while ignoring basic health guidelines. Follow the medical procedures and care recommended to you. **Faith is not foolishness.**

- **Walking in Faith:** Holding fast to divine revelation despite a negative medical prognosis is an act of faith.
- **Walking in Wisdom:** Following prescriptions, taking medications, adjusting your diet, and observing healthy routines is walking in wisdom.

Faith does not negate wisdom—they work hand in hand. I strongly admonish you to stand boldly in faith while actively engaging practical wisdom.

### **Satan Has Been Disarmed**

Never permit the enemy called death to conquer you. Death seeks to cut your life short and prevent you from fulfilling your divine purpose, which is why you must never give it a foothold. Hebrews 5:7 reveals: “Who, in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and was heard because of His godly fear...” God was fully able to save Jesus from physical death; however, for the redemption of mankind to be perfected, Jesus chose to lay down His life. Never forget that whenever you face a life-threatening situation at any age, you serve a God who is completely able to deliver you from death! Hebrews 2:14–15 states: “Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage.” Notice the Scripture says Satan used to have the power of death. That power was stripped from him by Jesus Christ! Satan no longer possesses the power of death, which means *Satan cannot kill a believer*.

### **Conquering the Trap of Fear**

Since Satan no longer holds the power of death, his primary weapon against believers is **fear**. He tries to intimidate you in order to paralyze your spirit. When Satan whispers that he is going to end your life, answer him boldly: **“You are a liar! You**

***no longer have the power of death; Jesus took it away from you!”***

The greatest spiritual battles take place in your mind—they are battles of thoughts. You conquer negative thoughts by taking authority with your words:

1. **Reject fear-based reports:** When you hear that a particular disease has claimed other lives, refuse to accept that same fate for yourself.

2. **Defeat evil thoughts:** Constantly remind yourself that the power of death has been stripped from the devil.

3. **Protect your family in prayer:** As a parent, rest in the assurance that Satan cannot destroy your children, because he lacks the legal authority to do so.

Stand firmly in prayer for yourself and for those who are sick, knowing that the enemy cannot prevail over a believer who walks in revelation and truth!

### **Can a Believer Become Sick?**

- Can a believer become sick? **Yes.**
- Should a believer remain sick? **No!**
- Can a believer be healed? **Yes!**
- Can a believer contract a disease? **Yes.**
- Should a believer tolerate or remain in disease? **No!**

Philippians 2:25–27 records: “Yet I considered it necessary to send to you Epaphroditus, my brother, fellow worker, and fellow soldier, but your messenger and the one who ministered to my need... For indeed he was sick almost unto death; but God had mercy on him, and not only on him but on me also, lest I should have sorrow upon sorrow.” Epaphroditus was a dedicated minister of the Gospel. Apostle Paul described him as

a brother, fellow worker, and fellow soldier. Yet, this faithful servant became gravely ill—to the point of being “sick almost unto death.”

### **Medical Confirmation vs. Divine Mercy**

When a sickness is described as being “*almost unto death*,” it implies clear physical symptoms or medical proof confirming the severity of the condition. If a doctor gives you a report stating that you will not live beyond two years, you do not have to accept that diagnosis as your final destiny. Epaphroditus faced a similar life-threatening situation, but Apostle Paul records that **he obtained mercy from the Lord**. Paul understood the depth of God’s grace, yet he also recognized the power of divine mercy in times of physical crisis. The mercy of God stepped into Epaphroditus’ life and completely turned around a situation that should have ended in death.

### **Mercy Delivers from Destruction**

If you are currently sick or facing a critical diagnosis, know that the mercy of God can turn your circumstances around today:

- **Mercy overrules terminal reports:** Divine mercy ensures that the disease meant to destroy you will not overpower you.
- **Mercy restores damaged organs:** If a medical report states that an organ or system in your body is failing and can only be managed, refuse to accept that as your permanent reality.
- **Mercy works alongside wisdom:** While following prescribed medical treatments and advice, keep your faith anchored on God’s Word. Believe that the treatments will not merely sustain you, but that God’s power will bring total

restoration.

You are not the first believer to face a near-death health challenge. Let Epaphroditus serve as a clear example for you: ***if God extended mercy to heal and preserve him, that same mercy will not be denied to you!*** Stand firm in faith, hold fast to God’s Word, and declare that you shall live to fulfill your days.

### **Stop Wishing Death Upon Yourself Because of Sickness or Pain**

Some people speak negative words over themselves because of the intense pain or difficulty they are experiencing. You may hear them say things like:

- **“It is better to die than to live!”**
- **“What is the point of life anyway?”**
- **“Oh God, take my life; dying is better than living in pain!”**

You must realize that physical pain alone does not cause people to speak this way—such utterances stem from **an unrenewed mind**. Jonah 4:8 records: “And it happened, when the sun arose, that God prepared a vehement east wind; and the sun beat on Jonah’s head, so that he grew faint. Then he wished death for himself, and said, ‘It is better for me to die than to live.’” Like Jonah, many people invite death into their lives through the words of their own mouths. Out of an unrenewed mind and self-pity, they speak death while expecting sympathy from others. However, you cannot desire a long life while continuously confessing death! Watch the words you utter, and never wish death upon yourself out of ignorance or frustration.

### **Speak Mercy, Not Destruction**

When you are in pain, refuse to proclaim negative words. Instead, cry out for the mercy and healing power of God! Open your mouth and declare:

- **“Lord, preserve me and touch me with Your healing hand!”**
- **“Father, show me Your mercy!”**
- **“I know that my Redeemer lives, and I shall not die!”**
- **“I am growing stronger and healthier every day!”**

The Apostle Paul came close to death many times, yet in every crisis, he remained confident in his spirit that he would not die prematurely.

### **Overcoming the Fear of Death**

Romans 8:15 reveals: “For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, ‘Abba, Father.’” The spirit of fear is closely tied to the spirit of death. As a believer, the Holy Spirit within you does not generate fear. Hebrews 2:15 reminds us that Christ came to ***“release those who through fear of death were all their lifetime subject to bondage.”*** Fear is born out of what you choose to dwell on. If your thoughts continually align with negative medical reports or difficult physical circumstances, fear will dominate your life. In fact, many people have died simply because they yielded to the fear of death! When the fear of death attacks your heart, you have a spiritual responsibility to confront and destroy it.

### **How to Defeat the Fear of Death**

1. **Declare God’s Word aloud to yourself:** Speak scriptures until the Word echoes in your own ears. Hearing yourself declare

God's promises builds faith and releases dominion over death. Boldly confess: ***"I shall live and not die!"***

2. **Ignore negative testimonies:** Do not dwell on tragic stories you hear in the news or in your neighborhood. Keep your focus anchored strictly on divine revelation.

3. **Practice continuous thanksgiving:** Thank God privately for the revelations He has given you. Express gratitude for the specific number of years He has promised you, praising Him for His preserving power: ***"Lord, thank You for satisfying me with long life and showing me Your salvation!"*** Never forget this spiritual reality: **Your words shape your destiny. Reject fear, speak life, and give God glory for your preservation!**

### **You Have the Life-Giver Within You**

Romans 8:11 says: "But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you." The same God who raised Jesus Christ from the dead through His Spirit can impart divine life, strength, and vitality to your physical body! God can revitalize your mortal body right now. I declare the life of God into your mortal body! Life and health are being supplied to every part of your body in Jesus' name!

### **Speaking Life to Your Body**

The Holy Spirit indwells you, and He is a life-giving Spirit. Because the Life-Giver lives inside you, you must be a believer who intentionally speaks life to your physical body:

- **Internal Organs:** If you are told that your liver, kidneys, or heart are damaged, open your mouth and declare life over

them!

- **Brain and Bones:** Speak divine life, focus, and strength into your brain, bones, and nervous system.
- **Limbs and Muscles:** If a part of your hand or leg feels paralyzed or weak, command it to receive the life and energy of God!

Speak life over your cells, tissues, organs, and bodily systems! Command every internal organ to be alive, fully active, and functioning in divine perfection.

### **A Confession of Vitality**

Make it a daily habit to declare life over your body. Open your mouth regularly and confess: ***“The Spirit of Him who raised Jesus from the dead dwells in me! Every damaged organ in my body is revived and restored. I enjoy divine health, strength, and vitality in every system of my body!”***

As you speak, the Holy Spirit within you will release His quickening power into your mortal body.

## OVERCOMING SUDDEN DEATH: LEARNING FROM THE PATRIARCHS

### **The Patriarchs Knew the Time of Their Departure**

The patriarchs of faith understood when their time on earth was coming to an end. They did not die accidentally or suddenly; they knew when their work was finished and consciously prepared for their departure.

#### **1. Abraham**

Genesis 25:5–6 records: “And Abraham gave all that he had to Isaac. But Abraham gave gifts to the sons of the concubines which Abraham had; and while he was still living he sent them eastward, away from Isaac his son, to the country of the east.” Abraham recognized that his departure was near. He intentionally set his house in order, distributed gifts to his other sons, and secured Isaac’s inheritance before he passed away.

#### **2. Isaac**

Genesis 27:1–2, 4 says: “Now it came to pass, when Isaac was old and his eyes were so dim that he could not see, that he called Esau his older son and said to him, ‘My son.’ And he answered

him, ‘Here I am.’ Then he said, ‘Behold now, I am old. I do not know the day of my death. And make me savory food, such as I love, and bring it to me that I may eat, that my soul may bless you before I die.’” Isaac had spiritual perception concerning his physical life. Sensing that his departure was approaching, he called his eldest son to release the patriarchal blessing over him. Isaac lived to be one hundred and eighty years old, departing only when his days were fulfilled.

### **3. Jacob**

Genesis 49:1, 29, 33 reveals: “And Jacob called his sons and said, ‘Gather together, that I may tell you what shall befall you in the last days... I am to be gathered to my people; bury me with my fathers in the cave that is in the field of Ephron the Hittite...’ And when Jacob had finished commanding his sons, he drew his feet up into the bed and breathed his last, and was gathered to his people.” Jacob was fully aware of his final hour. He gathered his sons, spoke prophetic blessings over their futures, gave specific instructions regarding his burial, gathered his feet into his bed, and peacefully yielded his spirit.

### **4. Joseph**

Genesis 50:24 states: “And Joseph said to his brethren, ‘I am dying; but God will surely visit you, and bring you out of this land to the land of which He swore to Abraham, to Isaac, and to Jacob.’” Joseph also possessed clear spiritual insight regarding his departure. Knowing his end was at hand, he comforted his brothers and prophesied God’s future deliverance for Israel.

## **Die the Death of the Righteous**

As a new creation in Christ, you ought to walk in this same depth of revelation! Notice how the patriarchs passed away—they died peacefully in their beds after finishing their work.

While Jesus Christ died on the cross for the specific purpose of redeeming mankind, you are called to die the peaceful death of the righteous when your full age is reached. The great evangelist **Oral Roberts** knew the exact time of his departure. He called his family together, sang hymns with them, lay down in his bed, and went home to be with the Lord. This is the order of divine peace and spiritual authority!

### **Engage the Warfare of Words**

You must never settle for dying at just any time, in any manner, or by accident:

- **Sickness is not your master:** Pain and disease do not have the power to determine when you die. Job faced severe sickness, yet it could not take his life because his appointed time had not come.
- **Speak your revelation:** When physical symptoms or pain attack your body, do not retreat into fear. Engage in spiritual warfare with your words!
- **Stand firm in prayer:** If you feel an attack of premature death coming against you, turn to the Lord in prayer and declare: ***"I shall not die, but live to fulfill my days!"***

Seek the Lord for divine revelation regarding the years allotted to you. When you lack this revelation, fear will try to torment you. But when you know your target year, you can stand bold, refuse sudden death, and finish your course with joy!

### **The Example of Jacob**

Numbers 23:10 says: "Who can count the dust of Jacob, or number one-fourth of Israel? Let me die the death of the

righteous, and let my end be like his!” Jacob died the peaceful death of the righteous, which serves as a model for how believers should transition from this life. When Jacob’s work on earth was finished, he simply drew his feet up into his bed and yielded his spirit. Your departure from this earth should happen only when you are completely ready. You will live to see your children, grandchildren, and great-grandchildren in health and strength! Receive divine insight right now concerning the full number of your years.

### **The Mystery of the Translation**

1 Corinthians 15:51–53 reveals: “Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed—in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality.” Not every believer will experience physical death! Some will still be alive when the last trumpet sounds:

- **The Dead in Christ:** Those who have already passed away will be raised with incorruptible, resurrected bodies.
- **Living Believers:** Those who are alive at the Rapture will experience an instantaneous transformation. In a split second, their spirits will be caught up, and their mortal bodies will put on immortality.

Whether you fulfill your full number of days or live to experience the glorious return of the Lord, death has lost its sting over your life.

## **Receive Divine Guidance Until Your Last Breath**

Psalm 48:14 declares: “For this is God, our God forever and ever; He will be our guide even unto death.” You are entitled to divine guidance until your very last breath on this earth! God will not leave you in the dark concerning your life or your future. Just as He guided Moses to the mountain when his earthly work was finished, God will always signal to you when the time of your departure is near. Never forget this spiritual reality! 2 Corinthians 4:6 reminds us: “For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.” God shines the light of revelation into our hearts so that we can walk in divine awareness.

## **The Witness of the Apostles**

Notice how the apostles walked in this continuous light and spiritual perception:

- **Apostle Paul:** The same apostle who survived stoning because he refused to yield his spirit prematurely was eventually informed by the Lord when his earthly race was nearing its end. God made it known to Paul so he could set his affairs in order and finish well.
- **Apostle Peter:** Peter also received direct revelation regarding his departure. In 2 Peter 1:13–14, he wrote: “Yes, I think it is right, as long as I am in this tent, to stir you up by reminding you, knowing that shortly I must put off my tent, just as our Lord Jesus Christ showed me.” Peter was aware of his final season because the Lord specifically revealed it to him.

## Walk in Spiritual Awareness

You should never pass away blindly or unexpectedly. God will continuously grant you discernment so that you understand the seasons of your life. Expect the Lord to guide you, light your path, and keep you in divine awareness every day of your life—all the way to the end.

## Bless Your Children Before You Depart

Blessing your children should begin when they are young, but there should also come a specific moment near the end of your life when you pronounce your final, patriarchal blessings over them. Scripture shows us this consistent pattern among men of faith:

- **King David** imparted final wisdom and blessings to his son Solomon before he died.
- **Jacob** gathered his sons around his bed to pronounce prophetic blessings over each of their futures.
- **Moses**—acting as a spiritual shepherd—blessed all twelve tribes of Israel before his departure.

If you are a minister of God, extend this same spiritual practice to your congregation. Pronounce lasting blessings over your church members and spiritual children before you depart from this earth. Leave behind a legacy of spoken blessings that will cover your family and ministry for generations to come.

## Declare the Words of the Lord

Psalm 118:17 declares: “I shall not die, but live, and declare the works of the Lord.” This foundational passage of Scripture must be declared and engaged with regularly! Boldly proclaim

over your life: **“I shall not die, but live!”** Even as your physical body grows older, your spirit man will not depart until your appointed time. As 2 Corinthians 4:16 reminds us, though our outward man is perishing, our inward man is renewed day by day. Your spirit is constantly refreshed, energized, and vitalized by the Holy Spirit!

### **Speak Life Over Your Body**

Your identity as a new creation requires you to speak intentionally to your physical body. Open your mouth regularly and declare these eight powerful confessions over your life:

1. **“The older I grow, the stronger I become!”**
2. **“The older I grow, the healthier I become!”**
3. **“The older I grow, the more youthful I remain!”**
4. **“The older I grow, the fresher I become!”**
5. **“The older I grow, the sharper my mind becomes!”**
6. **“The older I grow, the clearer my memory remains!”**
7. **“The older I grow, the brighter my light shines!”**
8. **“The older I grow, the wiser I become!”**

Make these declarations a daily habit. As you align your words with God’s truth, your spirit man will remain strong, and you will fulfill the full measure of your days.

### **Mindsets You Must Sustain**

To walk in divine health and longevity, you must actively cultivate and protect the following mindsets:

1. **“Whatever cannot happen to God cannot happen to me!”**
2. **“God cannot be sick; therefore, sickness has no right in my body!”**
3. **“I am a living stone, anchored in divine life!”**

## A Living Testimony of Health

For example, the mother of a former governor in Nigeria passed away peacefully at the age of one hundred. Her eldest child testified that throughout her entire hundred years on earth, her mother only visited the hospital twice! This proves that living a long, full life in vibrant health is not an impossible dream—it is an achievable reality.

## Rejecting Weakness and Fatigue

God cannot be weak, worn out, or tired. Therefore, you must continually speak to yourself: **“I cannot be weak or tired!”**

- **When fatigue tries to set in:** Do not accommodate it with your words. Refuse to give room to weariness!
- **When physical weakness attacks:** Boldly declare, “I am strong, energized, and whole!”
- **Command your body:** Rise up, walk in the fullness of divine strength, and command your physical body to align with the Word of God!

## The True Mark of Spiritual Maturity

As established with Jacob, there is a righteous, orderly way to transition from this life. Imagine reaching old age, gathering your children and grandchildren, releasing prophetic blessings over them, and peacefully announcing that you will be departing to be with the Lord in a few hours. When you speak with such authority in your senior years, you are enforcing your redemptive reality in Christ! Your spiritual maturity must be evident in both your mind and your mouth simultaneously:

- **Maturity is not mere longevity in church:** Many believers

assume maturity is measured by how many years they have sat in a pew, but true spiritual maturity is revealed in your speech.

- **Pressure exposes your heart:** The words you utter during trials, pain, or sickness reveal the true state of your spiritual growth.
- **Watch your casual words:** Even the informal phrases that slip from your mouth show whether you are walking in faith or fear.

When a believer casually exclaims, ***“I’m dying of pain!”*** or ***“This will kill me!”*** it reveals an undisciplined tongue and an unanchored heart. If your mouth is undisciplined, your life will drift off course. But when you align your speech with God’s truth—especially under pressure—you enforce victory, health, and long life.

### **How You Should Live Before You Depart**

Job 21:23–24 (NKJV) says: “One dies in his full strength, being wholly at ease and secure; his pails are full of milk, and the marrow of his bones is moist.” The Good News Translation (GNT) puts it this way: “Some people stay healthy till the day they die; they die happy and at ease, their bodies well-nourished.” Your life should reflect the beauty of this scripture! This is not just a nice thought—it is meant to be your personal portion and daily reality.

### **A Confession of Divine Health**

Never forget this powerful passage of Scripture. Open your mouth regularly and declare: **“I will stay healthy until the day I depart! I will finish my course happy, peaceful, and at ease!”** However, to continually walk in this reality of divine health,

there are practical wisdoms and spiritual precautions you must observe. God expects you to put specific measures in place to guard your body and preserve your life until your appointed time arrives.

### **Do Not Be Like This Person**

Job 21:25 (NKJV) says: “Another man dies in the bitterness of his soul, never having eaten with pleasure.” The Good News Translation (GNT) renders it this way: “Others have no happiness at all; they live and die with bitter hearts.” Refuse to let this be your story! You are called to enjoy life and finish your course with joy, peace, and abundance.

### **A Prophetic Blessing Over Your Family**

Stand on God’s promises and declare these powerful realities over your household and lineage:

- **No premature death:** It shall be testified of your family that no one dies young or before their time. Like the patriarchs of old, every member of your family will live to a good old age!
- **No death by disease:** Sickness, terminal illness, and agonizing pain will not be the cause of death in your lineage.
- **A legacy of divine health:** Your family will be known as a household where people live long, remain healthy, and depart in peace.

Let it be written and established of your home: **“Sickness has no power here, and death has no dominion!”** This shall be the living experience of you and your family for generations to come.

## WISDOM FOR LONGEVITY

### How to Enjoy Longevity?

#### 1. Believe in the Lord Jesus and Confess Him as Your Lord

Romans 10:9–10 says: “That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.” The primary step to walking in divine longevity is receiving salvation through Jesus Christ. When you are saved, you automatically become a new creation in Christ (2 Corinthians 5:17), granted spiritual rights and authority that the unbelieving world cannot exercise. Salvation opens the door to two life-changing realities:

- **The Holy Spirit dwells in you:** Your body becomes a temple of the Holy Spirit, who guides and reveals God’s truth to your spirit.
- **The divine life of God indwells you:** You receive Zoe—the uncreated, indestructible life of God!

## The Believer's Victory Over Death

As a new creation in Christ, you hold the spiritual authority to choose whether to remain alive or depart from this earth to be with the Lord. The devil does not have the power to take a believer's life at will. Because he cannot legally kill you, Satan's primary strategy is to plant seeds of **fear** in your heart, hoping you will yield to panic. But when you are saved, the Holy Spirit illuminates your heart with the divine revelation of long life. You can stand firm, reject fear, and claim the covenant of longevity made available in Christ Jesus.

### 2. Fear the Lord

Proverbs 14:27 reads: "The fear of the Lord is a fountain of life, to turn one away from the snares of death." When you walk in the fear of the Lord, your steps are directed along the path of life rather than the path of death. To fear God does not mean to be terrified or scared of Him. Rather, it means having deep **reverence, awe, and respect for God in your heart**. Joseph feared the Lord, and his reverence preserved his life and destiny.

#### What the Fear of the Lord Does in You

Cultivating a reverent heart toward God produces vital spiritual protection:

- **It turns you away from evil:** Even when no human eye is watching, the fear of God keeps you from practicing wickedness.
- **It grounds you in God's justice:** You realize that every action carries divine consequences and that God rewards righteousness.
- **It closes the door to Satan's accusations:** Satan is the accuser of the brethren who seeks to bring charges against

the saints before God (Revelation 12:10). When you fear God, you refuse to give the enemy ammunition to use against you, saving you from unnecessary judgment or sorrow.

- **It shapes your decision-making:** Before making major life choices, you will always seek God's perspective and align with His direction.

### **The Promise to Those Who Fear God**

Ecclesiastes 8:12–13 reveals: “Though a sinner does evil a hundred times, and his days are prolonged, yet I surely know that it will be well with those who fear God, who fear before Him. But it will not be well with the wicked; nor will he prolong his days, which are as a shadow, because he does not fear before God.” Scripture guarantees **that it shall be well** with those who honor and reverence God! If you desire to enjoy divine longevity, maintain a heart that honors and respects the Lord. Anyone who genuinely fears God will live out the full length of their days. As you give God supreme place in your life, the full number of your allotted years shall be fulfilled!

### **3. Live Righteously**

Make it your daily commitment to do what is right in the sight of God and man. Engaging in wrongdoing carries real consequences—it can bring judgment and even subject a person to physical death under the law. Fleeing evil protects your life on every level!

Scripture repeatedly highlights the life-giving power of a righteous life:

- **Proverbs 10:2:** “Treasures of wickedness profit nothing, but righteousness delivers from death.”

- **Proverbs 11:4:** “Riches do not profit in the day of wrath, but righteousness delivers from death.”
- **Proverbs 11:19:** “As righteousness leads to life, so he who pursues evil pursues it to his own death.”
- **Proverbs 12:28:** “In the way of righteousness is life, and in its pathway there is no death.”

### **Righteousness Keeps You on the Path of Life**

Righteous living acts as a continuous shield, delivering you from premature destruction. When you walk uprightly, you stay anchored on the path of divine life—a holy highway where death has no legal power to overtake you!

### **4. You Must Live by Wisdom**

Proverbs 13:14 says: “The law of the wise is a fountain of life, to turn one away from the snares of death.” Wisdom gives you spiritual and practical foresight, showing you what to avoid so you do not stumble into premature death.

#### **Listen to Your Body**

Wisdom manifests in very practical ways—including how you treat your physical body. For instance, the food or drink you consume directly affects your health:

- **Recognize bodily reactions:** Wisdom helps you pay attention to how your body responds to what you eat and drink.
- **Master your body’s language:** Your body is constantly communicating. When a certain meal causes discomfort, pain, or harm, your body is telling you to stop consuming it.
- **Let go of harmful habits:** You must reach a point where you are willing to give up foods, sugary drinks, or substances that threaten your health—even if you enjoy them. Proverbs

14:12 warns: “There is a way that seems right to a man, but its end is the way of death.” Just because something feels pleasurable or convenient does not mean it is safe for your life.

### **The Tragedy of Reckless Decisions**

Consider the tragic example of a young man who died in a hotel room while with a mistress (side chick or sugar mummy). Wanting to boost his sexual performance, he took a dangerous enhancement drug. Though instructed to take only one pill, he recklessly took two. Mid-act, his body collapsed, and he lost his life. He chose a foolish path, and it led directly to his destruction.

#### **Pray for Walking Wisdom**

One of the most crucial prayers you can pray daily is for divine wisdom: **“Lord, grant me the wisdom to discern the paths I must avoid and the wisdom to walk in the paths that preserve my life!”** Pay close attention to the practical principles that sustain long life. Lay aside every toxic habit, eat with discretion, and let wisdom guard your days so you can fulfill your God-given destiny in vibrant health.

### **5. Constantly Speak Life to Your Body**

Make it a daily habit to speak life over your physical body! Unfortunately, many people unwittingly speak death over themselves every single day. You often hear people uttering negative phrases like:

- “I am dying of pain!”
- “Life is too hard to survive.”
- “Is this how I am going to die?”

These are destructive, unedifying words that work against your health and well-being.

### **The Seed of Your Words**

Proverbs 18:21 declares: “Death and life are in the power of the tongue, and those who love it will eat its fruit.” Both death and life are fruits produced by the words of your mouth. Whatever words you sow regularly, you will eventually harvest! If you continually sow negative confessions, you will reap the fruit of negativity and decay.

### **The Danger of Believing Negative Reports**

Consider the tragic story of a young man who received a medical report stating he had only six months left to live. I spoke with him, prayed with him, and encouraged him to stand on God’s promises. However, instead of taking God’s Word to heart, he chose to put all his faith in the doctor’s prognosis. Every time I conversed with him, he was actively counting down the remaining months and days of his life. Because of unbelief, his mindset became completely fixated on his impending death—and sadly, he passed away right on schedule. He allowed the wrong report to control his mind and mouth.

### **Speak Your Future into Being**

Never forget that the power of life and death resides in your tongue:

- **Command change:** Any physical improvement or healing you desire to see in your body must be spoken into existence.
- **Refuse negative reports:** Reject fear-filled predictions and align your mouth with God’s promises.
- **Proclaim life daily:** Make it a priority to speak health, strength, and vitality over your body every single day!

## The Inbuilt Power of Your Tongue

Medically speaking, the most powerful organ in your body is your heart. Spiritually, however, the most powerful organ you possess is your **tongue!** Your tongue has the spiritual capacity to release life directly into your physical body and heart. Therefore, never confess, **“I am sick.”** Instead, boldly declare: **“I am strong!”** At times, faith requires you to act on the Word and carry yourself as strong, even when your physical senses disagree.

### Reviving Your Body Through Words

Spoken words are carriers and transmitters of divine life. By speaking God’s Word, even damaged organs can be revived and restored! To keep your body aligned with health, establish these key spiritual habits:

1. **Speak edifying words:** Ensure that every word coming out of your mouth builds up and strengthens your body.
2. **Feed on God’s Word daily:** If you are battling sickness, make it a habit to listen continuously to the Word of God concerning divine health, healing, and longevity.
3. **Fill your heart to overflowing:** As you store God’s Word in your heart, your mouth will release faith-filled words that actively dislodge pain, weakness, and disease from your system.

## Maintain a Divine Balance

I do not forbid medical science—medicine is a product of God’s wisdom. However, you must never place the totality of your faith in medicine. Let your faith remain anchored firmly in God! Medicine itself does not possess the power to heal; God is the true Healer. The role of medicine is simply to assist

and facilitate the body's recovery process, but ultimate healing comes from the Lord alone.

### **Speak Your Desired Manifestation**

Learn to actively speak life over your physical frame:

- **Focus on the solution, not the problem:** Do not describe the symptoms you are going through; declare the changes you desire to see!
- **Talk about the manifestation:** Do not magnify the situation; speak the divine health you expect to manifest.
- **Release words of power:** As you speak God's Word, your body responds to your voice. Your words transmit divine life directly into your physical system. Boldly declare: **"I shall not die, but live!"**

### **God Answers Words and Thoughts**

God responds not only to the words uttered by your tongue, but also to the thoughts formed in your mind. Thinking is simply speaking with your inner voice! Ephesians 3:20 declares: "Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us." God is fully able to exceed what you ask with your mouth or conceive in your mind. For example, when Apostle Paul was stoned and left for dead, he was meditating in his heart that he would not die. It was his spirit man—anchored in faith—that sustained him and brought him back to life, not external oxygen! The presence of your spirit man keeps your body alive, and you must never succumb to sudden death.

### **Fight with Faith and Practical Wisdom**

You maintain spiritual balance by combining medical treat-

ment with the fight of faith. While medicine addresses the physical symptoms, your faith cuts off the spiritual root of the disease! If an infirmity attacks your body, address it directly by name and cast it out:

- **Curse the root:** Command cancer, tumors, or infections to wither at the root and vanish from your system.
- **Address specific conditions:** Boldly command, *“Glaucoma, clear out of my eyes! Stroke, lose your grip on my body!”*
- **Enforce daily declarations:** Speak life over your body day and night.

Your body is the sacred temple of the Holy Spirit, and sickness has no legal right to dwell in it. Stand your ground, exercise your authority, and drive every infirmity out of your body in the name of Jesus!

## 6. Believe and Boldly Declare Your Reality of Long Life

Declaring your long life is not a one-time event—it is a continuous spiritual practice! Make it a daily habit to speak God’s promises over your existence. Let the devil know that you have been taught by the Word to number your days, and you are fully determined to fulfill the complete measure of your allotted years!

### Stand Firm on God’s Promise

Exodus 23:26 promises that God will fulfill the number of your days. Stand on this truth and enforce it with your mouth:

- **Declare continuous life:** Proclaim boldly that you will not succumb to premature death, but will remain on earth until

the specific, God-ordained year of your departure.

- **Instruct your spirit man:** Command your spirit to remain anchored in your physical body until the full assignment of your life is completed. Your body must know it cannot be prematurely separated from your spirit!
- **Instill this truth in your children:** Plant the reality of divine longevity into the hearts of your children early in life so they grow up walking in the same covenant boldness.

### **Speak from Faith, Not Fear**

Above all, make sure your declarations are rooted in **faith**, not fear: **“God is faithful to His Word, and He will preserve you until your appointed time!”** Do not speak out of panic or anxiety about the future. Speak with quiet confidence, knowing that the God who promised long life is completely faithful to bring it to pass.

### **7. Trust in the Preservation of the Lord**

Once you make your faith-filled declarations, never allow doubt to creep into your heart! Trust completely in God's keeping power. Divine preservation acts as an impenetrable shield, safeguarding you from every form of evil and plague that may attempt to cross your path. God's protective cover will deliver you from:

- **Fatal accidents and plane crashes.**
- **Violent attacks and assassination attempts.**
- **Sudden disaster and unseen traps of the enemy.**

### **Anchored in the Mercy of God**

Those who walk in God's preservation never take His mercy

for granted. They know that safety is not by human effort, but by divine covenant. Stand on these prophetic promises for your life:

- **His mercy is your anchor:** God's mercy will never depart from you or your household!
- **Your life cannot be cut short:** You will not perish like an animal or fall victim to senseless destruction.
- **Your destiny is secure:** Your life will never be prematurely terminated by the forces of darkness!

Trust in the Lord's keeping power, lean on His mercy daily, and rest secure in the knowledge that your life is hidden safely in God.

## 8. Believe and Boldly Declare that You Have the Power of Immortality Within You

The moment you got saved, you received eternal life. When the Holy Spirit entered your life, He supplied you with Zoe—the resurrected, divine, and immortal life of God! This indwelling life is not passive; it is an active spiritual force that can quicken your mortal body, bring dead things back to life, and sustain you until your appointed time. This is the living reality for everyone who carries the Spirit of God within them.

### **Divine Immunity Over Poison and Harm**

Mark 16:17–18 declares: “And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.” Through the divine life inside you, you carry spiritual immunity against the enemy's

attacks:

- **Protected against poison:** If you unknowingly consume anything deadly or poisonous, the resurrection power within you neutralizes it so that it cannot harm your body.
- **Protected against venomous attacks:** If a snake or scorpion bites you, the venom is rendered powerless by the life of God. Remember Apostle Paul on the island of Malta—when a viper bit his hand, he simply shook it off into the fire and suffered no harm (Acts 28:3–5)!
- **Protected against physical violence:** When a believer is shot with a bullet or physically attacked and miraculously survives unharmed, it is a demonstration of this same divine life sustaining them.

### Overcoming Spiritual Attacks in Dreams

Luke 10:19 reinforces this authority: “Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.” You must anchor your heart in this truth: **Nothing shall by any means hurt you!** You have total authority over every demonic power targeting your health and body.

- **If you dream you were shot with a bullet:** Do not panic when you wake up. Stand up and declare with confidence, **“I shall not die, but live!”**
- **If you dream that something was cut or stolen from your body:** Arise and enforce your victory, knowing that no weapon formed against you shall prosper!

Refuse fear! Wake up every day assured that no evil shall prevail

over your life, because the indestructible life of God dwells in you!

### **Beware of Death!**

Proverbs 26:18 says: “Like a madman who throws firebrands, arrows, and death...” You must understand that death can be hurled as a spiritual projectile at a person directly from the kingdom of darkness. This is why you must settle the revelation deep in your heart that **you will not die, but live!**

### **Nullifying Demonic Attacks**

When spiritual arrows are shot at you from the realm of darkness, know with unwavering confidence that they cannot harm you:

- **Satanic traps cannot hold you:** If a charm, ritual, or demonic trap is placed on a chair or in your path, it is completely powerless against you.
- **No weapon formed against you shall prosper:** Nothing orchestrated against your life will stand; every evil assignment must backfire upon those who rise up against you!
- **Reverse the curse:** Open your mouth and boldly decree: **“Any form of death thrown at me, go back to the sender now!”**

### **Demonic Root of Sickness**

For many people, spiritual projectiles of death manifest physically as cancer, stroke, glaucoma, or fibroids. Do not treat these conditions as mere physical ailments—confront the demonic force behind them.

- **Command disease to leave:** Command every sickness, infirmity, and pain to get out of your physical body immediately.
- **Release restoration:** Declare to every damaged organ or system in your body: “*Receive life, divine healing, and total restoration now!*”

This is how you are called to operate as a believer in Christ. Take authority, command death out of your body, and enforce complete freedom in your body!

## 9. Honor Your Biological Parents

Ephesians 6:2–3 declares: “‘Honor your father and mother,’ which is the first commandment with promise: ‘that it may be well with you and you may live long on the earth.’” There is a distinct covenant promise attached to honoring and caring for your parents. That promise is two-fold: **wellness and longevity!**

### **The Covenant Benefit of Caring for Parents**

When you faithfully take care of your biological parents, you unlock divine longevity:

- **Preserved to be a blessing:** God will sustain your life so you can continue to be a source of blessing to your father and mother.
- **The principle works automatically:** Even if your parents do not explicitly speak a vocal blessing over you, the spiritual law embedded in God’s Word will automatically fulfill the promise of long life in your life.
- **A shortcut to longevity:** By simply honoring your parents, you position yourself to reach a ripe old age. Taking care of your parents grants you covenant access to long life—a reality that no amount of prayer alone can replace if this

commandment is neglected!

Honor your parents today, and secure a well-favored, long life on the earth!

#### 10. **Through the Blessings of Spiritual Authority**

A spiritual authority may be your spiritual father, pastor, or a recognized man of God. When God's servants pronounce blessings over you, those words carry divine weight to preserve your life! Deuteronomy 33:6 declares: "Let Reuben live, and not die, nor let his men be few." Historically, a generational curse rested upon the lineage of Reuben, causing them to face early death. However, when Moses—a servant of God—stepped in and proclaimed, "**Let Reuben live,**" that decree broke the curse and established an unshakeable reality of life for the tribe!

##### **Words that Carry Divine Weight**

There are anointed men and women of God on earth whose words do not fall to the ground, because God delights in confirming the counsel of His servants (Isaiah 44:26).

- **A seal of protection:** When your spiritual authority speaks over you and decrees, "**You shall live long!**" those words become a divine seal of protection over your destiny.
- **A shield against satanic attack:** If the enemy seeks to cut your life short, prophetic words spoken by spiritual authority will shield you and nullify the attack.
- **Stay connected to your spiritual cover:** You must recognize the spiritual authority God has assigned to your life and ensure you consistently place yourself under their blessing.

#### **The Practical View of Longevity**

You must be an individual who is always ready to care for your body. There are vitamins you can take to ensure your body remains younger, stronger, and healthier. There are also supplements that can strengthen you as you age. Be the kind of person who maintains a healthy balance—combine your faith with practical wisdom for a long life. Do not reject the wisdom made available through medicine. Be consistent with your medical check-ups, and maintain good physical, environmental, and personal hygiene.

### **A Prophetic Blessing Over Your Life**

Receive this decree over your destiny: ***“I pray for you today: receive the grace for long life! Be empowered to live in vibrant health until a ripe old age, in the mighty name of Jesus Christ!”***

## **Conclusion**

### **Standing Firm in Your Covenant Right**

We have traveled through a profound biblical journey, exposing the enemy’s tactics and establishing the unshakeable pillars of divine longevity. You now know that as a new creation in Christ Jesus, death no longer holds legal authority over your life. Satan was disarmed at the cross; he no longer possesses the power of death, leaving fear as his only weapon of intimidation. But fear loses its grip the moment light arrives.

You have been equipped with the understanding that long life begins at seventy years according to Scripture (***Psalms 90:10***), and that you possess the spiritual right to number your days, calculate your allotted years, and instruct your spirit man to remain anchored in your physical body until your divine work is complete. Like the patriarchs of old—Abraham, Isaac, Jacob, and Joseph—your departure from this world is not meant to be a sudden, tragic accident, but an orderly, peaceful transition

executed when you are satisfied, fully ripe, and ready to step into eternity.

### **A Call to Daily Application**

Knowledge alone will not deliver; it is the application of revelation that enforces victory. As you put this book down, turn these core truths into daily spiritual and practical habits:

- **Guard Your Mouth:** Never use your tongue to confess weakness, pain, or death. Consistently declare: “***I shall not die, but live, and declare the works of the Lord!***” Speak life over your cells, organs, and bodily systems every single day.
- **Embrace Balance:** Continue to walk in faith while practicing practical wisdom. Take care of your physical body, honor dietary boundaries, pay attention to rest, and utilize medical care wisely as an instrument of health while keeping your trust firmly in God as your ultimate Healer.
- **Fear the Lord & Live Righteously:** Maintain a heart of deep reverence toward God and walk uprightly, knowing that righteousness acts as a continuous shield that delivers from death.
- **Honor Your Lineage:** Honor your biological parents to activate the covenant promise of long life on the earth, and stay under the covering of anointed spiritual authority.
- **Preach the Gospel:** Remember that while a saint’s physical transition leads to eternal life with Christ, God takes no pleasure in the death of the unsaved. Let the revelation of divine life compel you to share the Gospel with your family, friends, and generation so they too may escape the second death.

**A Final Prophetic Blessing**

I decree over your life today that the shadow and terror of death are permanently shattered over you and your household! Sickness will not be the master of your body, and terminal reports will not dictate your final chapter. You shall not be cut down in your youth, nor shall you burry your offspring.

As you serve the Lord faithfully in your generation, He will take sickness away from your midst and fulfill the complete number of your days. You will watch your children, grandchildren, and great-grandchildren grow in strength and favor. The older you grow, the stronger, healthier, sharper, and fresher you will become.

Go forth, walk in the confidence of the Holy Spirit, number your years with divine boldness, and fulfill your destiny in the land of the living, in the mighty name of Jesus Christ. Amen!



## About the Author

Niyi Makinde is an apostle, author, and crusader. He has written hundreds of books on a variety of subjects, writing with high inspiration and creative wisdom. His work comes highly recommended by great leaders, and as a minister, he is widely known for healings and miracles.

He is the Founder and General Overseer of The Rebirth Global Church Family (RGCF), a network of churches across the globe. He also founded Connect Global, a platform dedicated to networking and equipping Christian ministers and leaders worldwide. Apostle Niyi Makinde hosts the annual Connect Confluence, a global gathering that brings together many believers, churches, and ministries.

Highly esteemed and respected by great leaders, he is known for his simplicity, integrity, and uncommon wisdom. Many consider him to be one of the wisest and greatest among men. He serves as a father figure and provides oversight to numerous churches, ministries, and Christian networks.

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